

4TH 3.21 FUN RUN & BUDDY WALK SCHEDULE

WWW.DS-STRIDE.ORG/FDSWFBUDDYWALK

Captains! Get your teams together, recruit family, friends, and co-workers to advocate, celebrate, and raise funds for FDSWF & The NDSS! Register before October 2nd to ensure you get a t-shirt! Buddy Run Event day registration is \$50 and Buddy Walk Event day registration is \$30, so register early!

- October 2nd **T-shirt Order is placed.** T-shirts and sizes **will not** be guaranteed after this date. Register Early to guarantee your correct size.
- October 14th **T-shirt Roll Up/Bag – VOLUNTEERS NEEDED.** Meet us at the Children’s Board to roll and bag over 2,000 t-shirts! 6pm, 1002 E Palm Ave, Tampa, 6pm. Thank you!
- October 17th **T-Shirt Pickup Tampa –** Portillo’s Tampa, 6pm-8pm - 2102 E Fowler Ave, Tampa. Team Captains please pick up t-shirts for your entire team. Come for dinner and pick up your t-shirts. A portion of your dinner sales is donated to FDSWF, thank you. Thanks Portello’s!
- October 17th **3.21 FUN RUN Registration increases to \$40.**
- October 22nd **Tuesday - T-Shirt Pickup Clearwater –** Chili’s 25987 US Hwy 19 N, Clearwater (727)799-3505 6-8pm. Team Captains please pick up t-shirts for your entire team. Come for dinner and pick up your t-shirts. A portion of your dinner sales is donated to FDSWF, Thank you! Thanks Chilis!
- October 24th **T-Shirt Pickup Brandon, 6-8pm –** Portillo’s Brandon - 1748 W Brandon Blvd, Brandon. Team Captains please pick up t-shirts for your entire team. Come for dinner and pick up your t-shirts. A portion of your dinner sales is donated to FDSWF, Thank you! Thanks Portillo!
- October 25th Friday - Buddy Walk Set Up - **VOLUNTEERS NEEDED.**
Noon – LOAD UP TRUCK - Meet us at Fishhawk Storage - 16617 Fishhawk Blvd, Lithia.
3pm – SET UP Raymond James Stadium Parking Lot #1 –4201 N Dale Mabry Hwy
- October 25th **Friday T-shirt Pickup –** Raymond James Stadium Parking Lot #1 - 4pm-7pm; Team Captains this is the last pickup for t-shirts before the walk.
- October 25th Friday 6pm **DEADLINE FOR TEAM AWARDS** - Top three teams & Individual with the most money raised, the Largest team and the Individual with the most money raised.

3.21 FUN RUN

7AM FUN RUN - EVENT DAY REGISTRATION IS \$50

8AM FUN RUN STARTS – Megan Dix starts off the race singing the National Anthem as The Florida Sunstation Cheerleaders rally you onto victory with a 3.21 Mile race around Raymond James Stadium. Participants will receive a bib with a timing chip from RoadRace You will start/finish outside Raymond James Stadium. After you cross the finish line, continue the rally at the Buddy Walk. Go inside the stadium up to the Pirate ship to take your team pictures! Enjoy a snack afterwards provided by Dunkin Donuts! The Beer Tent will be open!

9:30AM FUN RUN VICTORY AWARDS – For all age groups: Over all Male and Female. Age groups: Male and Female 14 and under, 20-29, 30-39, 40-49, 50-59, 60-69, 70 and above.

VIRTUAL RUN - A virtual race is a race that can be run (or walked) from any location you choose. You can run, jog or walk on the road, on the trail, on the treadmill, at the gym or on the track (or even at another race). You get to run your own race, at your own pace and time it yourself. And your medal and t-shirt will be shipped directly to you. With your Virtual Run registration, you will receive a free 4th FDSWF 3.21 FUN RUN & BUDDY WALK t-shirt and Down syndrome Awareness wristband.

BUDDY WALK

10AM **BUDDY WALK REGISTRATION** - Buddy Walk *Event Day* Registration is \$30. **You will not be allowed into the Parking lot until 10am to ensure the runners safety.** Pack your own tailgating equipment and set up an area with your tents, tables, and chairs, it's going to be a beautiful day.

10AM-12PM **BUDDY RUN/WALK FESTIVITIES & FOOD**

Enjoy the festivities! Music by DJ Chuck Eckhart. Enjoy lunch from one of the food trucks. This year we are selling beer, please drink responsible. BRING CASH to for the F.S.C. Bake Sale, 50/50, & Raffle tickets. The kids will enjoy the bouncy houses, giant slides, a petting zoo and train-ride! Meet your favorite Superhero, Princess, Ghostbusters from Costumers with a Cause and Star Wars Characters from The 501st Legion! Tour the Treasure Chest Float and meet the arrghsome Pirates of the Krewe of Sir Francis Drake. The Sunshine State Soap Box Derby will give the kids a thrill ride. Markey Oliver's Specially Fit and Dancing with Donations will have presentations to delight the crowd.

VENDORS/EXHIBITORS/CRAFTS - Vendors are being accepted. We anticipate over 4,000 participants consisting of special needs families, resource vendors, medical professionals, family and friends. The Vendor fee is \$75 and comes with your 10x10 spot set up in Parking Lot #1 outside Raymond James stadium. You will be provided with a table and 2 chairs. **You need to bring your own tent.** You may set up your area on Friday October 25th, Saturday from 6am-7:30am and at 9:30am. **During the Fun Run no one will be allowed into the Parking lot between 8am-9:30am to ensure the runners safety.** We are accepting Special needs resource vendors, vendors selling handcrafted goods, artisan foods and more. If you would like to participate as a vendor, log onto our website, www.fdswf.org and fill out the Vendor application. Sue Warady-Keene, FDSWF Vendor Coordinator is your contact person, sue@friendssupport.org, (630)914-4114.

1PM **MAYOR CASTOR & COUNSILMAN LUIS VIERA** - We are so honored to have Mayor Jane Castor and Luis Viera, City Council Representative for District 7 participating in the Buddy Walk. Councilmen Luis Viera will be awarding FDSWF an accommodation.

1:30PM **FUN RUN & BUDDY WALK AWARDS** – Awards will be given to our Top Three Teams, the Largest Team, and Highest Individual Fundraiser. Thank you for all your hard work, we would not be able to do what we do without you.

1:45PM **BUDDY WALK MEDAL AWARDS** – You have taught us patience, love, and how to speak up when we see things that need to be changed, today we celebrate and honor you!

2PM **ADVOCACY WALK** - Ericka Chica Iglesias will sing the National Anthem as The Florida Sunation Cheerleaders rally for us! The Top Three Teams, the Largest Team, and the highest Individual Fundraiser will lead off the Advocacy walk by blowing air horns. You and your team will then take the Advocacy walk through Raymond James Stadium on a backstage tour. Show your DOWN SYNDROME PRIDE Tampa Bay!

3PM **TEAM PHOTOS** - Meet Julie Hirsch Photography by the Pirate Ship for your Free Team photos. Julie Mckenna our wonderful M.C. will keep you amused as you watch yourselves on the giant Megatron screens.

3:30 PM **RAFFLE TICKETS** - Did you get your Raffle tickets? You need to be present to win. We will be calling out the winners soon. Don't forget to get a delicious treat from the F.S.C. Tent?

**THANK YOU SO MUCH FOR COMING TO SUPPORT FDSWF AND OUR
DOWN SYNDROME COMMUNITY! SEE YOU NEXT YEAR!**