

## **INTRODUCTION: ACCESSIBLE TAMPA GUIDE**

*Accessible Tampa Guide* is your source for disability related information for those living in or visiting Tampa. Here you will find information on services, resources, attractions, transportation, government services, business accessibility, etc.

**Although the information in *Accessible Tampa Guide* was believed to be correct at the time of publication, we cannot be held responsible or liable for any errors, inaccuracies, omissions or for information that changes or becomes outdated over time. We advise you to call ahead to confirm the information contained in *Accessible Tampa Guide*.**

***Accessible Tampa Guide* makes no endorsement or warranties regarding any facilities, goods, or services listed in this guide. The access features reported are not intended to reflect compliance with any local, state or federal laws, regulations or guidelines, nor are they intended to constitute recommendations for any particular provider(s). We welcome submissions from other Tampa attractions and resources that would like to be included in this guide. All submissions, deletions, and corrections should be sent to [karen.sinnreich@tampagov.net](mailto:karen.sinnreich@tampagov.net)**

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## **ACCESSIBLE TRANSPORTATION** *See also Travel in A-Z section*

### **Agencies**

Federal Transportation Administration [www.fta.dot.gov/civilrights/ada/civil\\_rights\\_3893.html](http://www.fta.dot.gov/civilrights/ada/civil_rights_3893.html)  
Toll-Free ADA Assistance line for questions or concerns regarding public transportation for persons with disabilities. Call: 888-446-4511 (Voice). Email: [FTA.ADAAssistance@dot.gov](mailto:FTA.ADAAssistance@dot.gov).

Florida Commission for the Transportation Disadvantaged. Hillsborough County MPO [www.dot.state.fl.us/ctd/customerservicepage.htm](http://www.dot.state.fl.us/ctd/customerservicepage.htm) Michele Ogilvie 601 E. Kennedy Blvd, 18<sup>th</sup> floor, Tampa, FL 33602. Call: 813-272-5940 ext 317. Email: [ogilviem@plancom.org](mailto:ogilviem@plancom.org)

**Air Travel** *See also section on Service Animals*

*Accessible Air Travel: A Guide for People with Disabilities* Free online at:  
[http://www.unitedspinal.org/pdf/accessible\\_air\\_travel.pdf](http://www.unitedspinal.org/pdf/accessible_air_travel.pdf)

*Flying Guide for Disabled Travelers* <http://www.waytofly.com/articles.php?tip=flyingguide>

Tampa International Airport

[http://www.tampaairport.com/about/guest\\_services/disabled-travelers.asp](http://www.tampaairport.com/about/guest_services/disabled-travelers.asp)

The Transportation Security Administration (TSA) has a toll free helpline designed to assist travelers with disabilities and medical conditions, prior to getting to the airport. It is available Monday through Friday 9am–9pm EST, excluding federal holidays, with questions about screening policies, procedures and what to expect at the security checkpoint.  
[http://www.tsa.gov/travelers/airtravel/disabilityandmedicalneeds/tsa\\_cares.shtm](http://www.tsa.gov/travelers/airtravel/disabilityandmedicalneeds/tsa_cares.shtm) 855-787-2227

People who need CPAPs, canes and other medical/assistive devices may bring them on an airplane without that device affecting the tally of allowed carry-on items. Please check with the airline in advance for special requirements including notice for ventilator, CPAP machine, etc.

### **Airport Shuttle Transportation**

Passengers seeking to reserve a wheelchair lift equipped shared-ride van, may contact Super Shuttle at 727-572-1111, or see the representative at the baggage claim Ground Transportation kiosk to request an accessible van. Please allow a reasonable amount of additional time to call an equipped vehicle. Drivers will assist patrons with baggage. Super Shuttle requests that patrons provide at least 24 hours notice.

### **Buses, Trolley, Paratransit**

Greyhound <http://www.greyhound.com/en/ticketsandtravel/disabledtravelers.aspx>  
800-752-4841 (V), 800-345-3109 (TTY/TDD)

The Hillsborough Area Regional Transit Authority (HART) offers several forms of accessible transportation.

HART Bus Service: All buses, vans, and trolleys are accessible for wheelchair users. Plan your trip using the trip planner. <http://www.gohart.org/routes/plan/triplanner.html>

## **ACCESSIBLE TRANSPORTATION (Continued)**

TECO Line Streetcar System: This fully accessible streetcar system offers half price fares on single rides and on the 1-day unlimited ride fare card for persons with disabilities, ages 65 and older and youths ages 17 and younger. The discount single ride ticket is \$1.25 and the discount one-day ticket unlimited ride fare card is priced at \$2.50. There are ticket vending machines at all stations. Exact change is required. The streetcar provides transportation among some tourist destinations, including the Tampa Bay Times Forum, the Channelside District, the Florida Aquarium and Ybor City. <http://www.tecolinestreetcar.org/>

In-Town Trolley: This provides service between Marion Transit Center, TECO Line Streetcar System, Downtown Tampa Hotels, Tampa City Hall, Federal and County Courthouses, Harbour Island, St. Pete Times Forum, Tampa Convention Center, Tampa Museum of Art, Tampa Bay Performing Arts Center, and the Tampa Theatre. <http://www.gohart.org/routes/trolley/96.html>

### **HARTFlex**

HARTFlex is an on-demand, door-to-door van-based service open to all passengers. HARTFlex has the advantages of a traditional fixed bus route with the convenience of curbside pickup. HARTFlex offers the convenience of door-to-door service by reservation, and the flexibility of walk-up service from a bus stop. Walk-up service is available by waiting at a designated HART bus stop, which are marked with a HARTFlex decal. The driver will drop you off at any other designated HART stop along the route in the same direction.

For guaranteed seat availability, reservations are encouraged. No standees are allowed on HARTFlex vans. Reservations should be made from two hours to three days in advance of your trip. Alternate times will be suggested if the van is already booked. To make a one-way or round-trip reservation, call 813-254-4278 during the following days and times: Monday – Friday, 8 a.m. – 6 p.m., Saturday and Sunday, 8 a.m. – 5 p.m. Fare is 85 cents. 1-Day Unlimited Ride fare card is sold on the van for \$1.85 <http://www.gohart.org/flex/index.html>

### **Temporary Paratransit Service**

Individuals with disabilities visiting the Tampa area and interested in using paratransit service should contact HARTPlus Administration at 813-384-6445, at least three weeks in advance of traveling to Tampa or Hillsborough County. Cash fare is \$3.50. For more information regarding HARTPlus paratransit services, visit the HART website at [www.gohart.org](http://www.gohart.org) or call HART Customer Service at 813-254-4278.

New Freedom Riders. 813-425-2200. 2003 W. Kennedy Blvd., Ste. B, Tampa, FL 33606. <http://newfreedomriders.com/> [trips@QOLCS.ORG](mailto:trips@QOLCS.ORG) Provides trips to persons who have a documented disability that functionally limits their ability to fully utilize public transportation services. Must be for trips that are not available from within the existing coordinated transportation system or available from alternate sources. Covers Hillsborough, Pinellas and Pasco counties. 48 hours advance notice is required for all trips. Trip requests may be made up to 14 days in advance.

## ACCESSIBLE TRANSPORTATION (Continued)

### Cruises-Port of Tampa

<http://tampapa.centralparking.com/ADA-Compliant-Parking.html>

### Disabled Parking

[http://www.tampagov.net/dept\\_parking/Programs\\_and\\_services/disabled\\_parking.asp](http://www.tampagov.net/dept_parking/Programs_and_services/disabled_parking.asp)

[http://www.flhsmv.gov/dmv/disabled\\_pkg.html](http://www.flhsmv.gov/dmv/disabled_pkg.html)

<http://www.floridasectionite.org/TIPS/TIPS%2022%20Rev%202003.pdf>

### Find a Ride

Provides transportation options within the state of Florida. A valuable resource.

<http://www.safeandmobileseniors.org/findaride.htm>

### Florida Disabled Toll Permit

This program was created because some drivers with disabilities were unable to toss coins into the toll baskets on Florida's toll roads. The requirements and an application are on the website.

<http://www.dot.state.fl.us/ctd/tollpermit/tollpermitprogram.htm> Call: 850-410-5700.

### Gasoline

All Florida full service gas stations and self-service stations with two or more attendants on duty during regular business hours are required to display a blue sticker with the telephone number of the gasoline retailer so that a person with a disability can call to get an attendant to come out and pump gas.

### Medical Transportation (Non-Emergency) *See also Taxicabs*

Ark Angel Transportation <http://www.medicaltransportflorida.com> 727-346-6697

MMG Transportation. For Medicaid appointments only. 813-253-3618

Sunshine Line <http://www.hillsboroughcounty.org/index.aspx?nid=285> 813-272-7272

### Rental Cars

Most car rental companies will have a car with hand controls available with 48 hours notice.

### Taxicabs

At the airport and at the port, when a person with a wheelchair comes to the taxi dispatcher, the dispatcher calls an accessible taxicab to the front of the line. The information below is for those who need a taxicab once they are in the City of Tampa.

United Cab, 813-777-7777. If you call this company, they will give you the name and telephone number of a driver of a wheelchair accessible taxicab, and you book your ride directly with the cab driver.

Yellow Cab Company of Tampa, 813-253-0121. Usually requires 24 hours notice as the accessible vans get booked up. They may be able to accommodate at short notice if there is a cancellation.

## ACCESSIBLE TRANSPORTATION (Continued)

### Trains

Amtrak offers a 25% discount for senior citizens and persons who are disabled. The services are described in *Access America*, which is available for free from Amtrak. 800-872-7245  
<http://tickets.amtrak.com/itd/amtrak/ada> <http://www.amtrak.com/accessible-travel-services>

### Vehicles

National Mobility Equipment Dealers Association <http://www.nmeda.com/about/> Information on accessible vehicles and modifications. 813-264-2697

### Wheelchair Van Rentals

**Please Note: We are listing van rental companies for your convenience, but do not have first hand knowledge of them. The listing of anything in this website does not constitute a recommendation. Please exercise normal caution when selecting a provider.**

AMS Vans <http://www.wheelchairvansflorida.com/handicap-accessible-van-rentals.php>  
866-322-4400

Discount Mobility USA [http://discountmobilityusa.com/group\\_van.html](http://discountmobilityusa.com/group_van.html) 800-308-2503

Florida Van Rentals <http://tampawheelchairvanrentals.com/> 866-322-4400

Mobility Transportation Services [http://www.mobilitytransport.com/vehicle\\_rental.htm](http://www.mobilitytransport.com/vehicle_rental.htm) 800-795-5939

Wheelchair Accessible Florida [http://www.wheelchairaccessibleflorida.com/full\\_size\\_van.html](http://www.wheelchairaccessibleflorida.com/full_size_van.html)  
800-308-2503

Wheelchair Van Rental <http://www.wheelchairvanrentalfl.com/index.html> 941-451-8194

Wheelchair Vans of America <http://wheelchairvansofamerica.com/> 800-910-8267

## AMERICANS WITH DISABILITIES ACT INFORMATION

ADA Accessibility Guidelines for Buildings and Facilities (ADAAG)

<http://www.access-board.gov/adaag/html/adaag.htm>

ADA National Network <http://adata.org/>

Fact Sheet on the EEOC's Final Regulations on Implementing the ADA (2008 Amendments)

[http://www.eeoc.gov/laws/regulations/adaaa\\_fact\\_sheet.cfm](http://www.eeoc.gov/laws/regulations/adaaa_fact_sheet.cfm)

Southeast ADA Center <http://adasoutheast.org/> 800-949-4232

The Americans with Disabilities Act Handbook

<http://askjan.org/media/adahandbook/handbook.html>

United States Department of Justice [www.ADA.gov](http://www.ADA.gov) 800-514-0301 (Voice), 800-514-0383 (TTY)

United States Department of Justice ADA Regulations and Technical Assistance Materials

<http://www.ada.gov/publicat.htm#anchor040506>

Videos [http://www.adasoutheast.org/publications/video\\_multimedia.php](http://www.adasoutheast.org/publications/video_multimedia.php)

### City of Tampa Seminar on ADA for Businesses and Landlords

[http://65.49.32.148/Presentation/TampaCity/ae511aaf-2e7a-4422-8be8-212da818401d/ADA%20Seminar%20part%201/presentation\\_file/mgpresenter.html?GUID=ae511aaf-2e7a-4422-8be8-212da818401d](http://65.49.32.148/Presentation/TampaCity/ae511aaf-2e7a-4422-8be8-212da818401d/ADA%20Seminar%20part%201/presentation_file/mgpresenter.html?GUID=ae511aaf-2e7a-4422-8be8-212da818401d)

[http://65.49.32.148/Presentation/TampaCity/de724fa7-f20f-485a-b4ec-473cbeedb9c3/ADA%20Seminar%20part%202/presentation\\_file/mgpresenter.html?GUID=de724fa7-f20f-485a-b4ec-473cbeedb9c3](http://65.49.32.148/Presentation/TampaCity/de724fa7-f20f-485a-b4ec-473cbeedb9c3/ADA%20Seminar%20part%202/presentation_file/mgpresenter.html?GUID=de724fa7-f20f-485a-b4ec-473cbeedb9c3)

**Please note the information provided in the referenced presentations is not intended to be a comprehensive assessment of the law and does not constitute legal advice. For legal advice, please consult an attorney.**

*See also information under Businesses*

**ASPERGER'S AND AUTISM** *See also Developmental Disabilities*

**Asperger's**

American Asperger Association 727-215-8104

Asperger's Support Group for Adults Jason Tompkins, LCSW 813-784-0153

Asperger's Syndrome <http://www.aspergersyndrome.org/>

**Autism**

AMC Sensory Friendly Films <http://www.amctheatres.com/programs/sensory-friendly-films>

Art for Autism <http://www.autismone.org/content/art-autism> 813-282-7066

AS (Adult) Support Group of Hillsborough County. Michael McCorskery [MRPolisci@aol.com](mailto:MRPolisci@aol.com)

ASA Florida Gulf Coast Chapter P.O. Box 21105, St. Petersburg, FL 33703. 727-786-4292

Autism and Asperger's Support Groups [http://card-usf.fmhi.usf.edu/MK/support\\_groups.html](http://card-usf.fmhi.usf.edu/MK/support_groups.html)

Autism Early Intervention 813-963-3638

Autistic Self Advocacy Network <http://autisticadvocacy.org/> [info@autisticadvocacy.org](mailto:info@autisticadvocacy.org)  
202-596-1056

Autism Speaks Tampa Bay 866-441-6227

Center for Autism and Related Disabilities CARD 13301 Bruce B. Downs Blvd., Tampa, FL,  
800-333-4530 <http://card-usf.fmhi.usf.edu>

Children with Autism. New Horizons Service Dogs, Inc. 1590 Laurel Park Ct., Orange City, FL  
32763. 386-456-0408. <http://www.newhorizonsservicedogs.org/our-programs/children-with-autism/>

Florida Autism Resources <http://www.autism-pdd.net/florida-autism-resources/>

Gulf Coast Autism Association <http://gulfcoastautism.org/> [info@gulfcoastautism.org](mailto:info@gulfcoastautism.org) 727-786-4292

USF-Autism Spectrum Assessment & Treatment Clinic 813-974-1435

Warriors for Autism <http://warriorsforautism.com/> [Deena@warriorsforautism.com](mailto:Deena@warriorsforautism.com)

*Please look under attractions for autism friendly programs*

## ASSISTIVE TECHNOLOGY

### Assistive Services and Technology Information

Able Data

<http://www.abledata.com/abledata.cfm?CFID=64620700&CFTOKEN=fd9deda8350740fd-9009F26F-BAE3-94A9-8D2D2FA2AB37BE8E&jsessionid=04305356f08d44a6683b6632863621238366>

Accessible Technology for All <http://www.accessibletech.org/>

Alliance for Technology Access <http://www.ataccess.org/pdf/LowCostNoCostATAguide.pdf>

The organization makes available an online publication, "Guide to Low-Cost / No-Cost Online Tools for People with Disabilities", which presents information on Funding for Assistive Technology

Assistive Technology for Caregivers

[http://www.caregiver.org/caregiver/jsp/content\\_node.jsp?nodeid=1412](http://www.caregiver.org/caregiver/jsp/content_node.jsp?nodeid=1412)

*Disabled Dealer Magazine*-New and used adaptive equipment, houses and vehicles.

<http://www.disableddealer.com/>

FAAST <http://www.faast.org/programs/regional-demo/central> Phone 813-844-7591, TDD 813-844-7767. Tampa General Rehabilitation Center, 6 Tampa General Circle, Rm. 214, Tampa, FL

Institute for Human Centered Design <http://humancentereddesign.org/> 617-695-1225 (v/tty) [info@HumanCenteredDesign.org](mailto:info@HumanCenteredDesign.org)

National Public Website on Assistive Technology. <http://assistivetech.net/>

Rehabilitation Engineering and Assistive Technology Society of North America <http://resna.org/>

Technology for Long-Term Care 213-371-2354 [www.techforltc.org](http://www.techforltc.org)

Trace Center <http://trace.wisc.edu/>

### Certified Providers

[http://web.resna.org/member\\_directory/individual/search-results.dot?searchField=city&searchFieldKey=tampa&s\\_degree=ATP&s\\_state=FL&s\\_cntrycode=01&s\\_filter1=&s\\_filter2=](http://web.resna.org/member_directory/individual/search-results.dot?searchField=city&searchFieldKey=tampa&s_degree=ATP&s_state=FL&s_cntrycode=01&s_filter1=&s_filter2=)

**Equipment Loans and Donations** Self-Reliance equipment program loans or donates recycled equipment depending on the need and the item. This may include manual and power wheelchairs, scooters, walkers, canes, shower chair, shower bench, shower wand, and grab bars.

### Rehabilitation Engineering Research Centers

Galludet University (Hearing Enhancement): <http://www.hearingresearch.org>



## **ASSISTIVE TECHNOLOGY (Continued)**

Georgia Institute of Technology (Workplace Accommodations) <http://www.workrerc.org>

The Smith Kettlewell Eye Research Institute (Eye Research): <http://www.ski.org/Rehab>

University of Pittsburgh (Wheelchair transportation safety, wheelchair mobility, tele-rehabilitation, & spinal cord injury) <http://www.rerc.pitt.ed>

University of Wisconsin-Madison (Universal Interface & IT Access): <http://trace.wisc.edu/itrerc>

### **Wireless Telephones**

Australian Mobile Telecommunications Association Global Project

<http://www.amta.org.au/pages/GARI>

Consumer Information <http://www.consumerinfo.my/>

Federal Communications Commission <http://apps.fcc.gov/accessibilityclearinghouse/>

Informationszentrum mobilfunk <http://www.izmf.de/en> German site translated into English

Mobile Accessibility <http://blog.mobileaccessibility.info/>

Mobile Telephone Accessibility Webinar

<https://adagreat.powweb.com/Archives/AccessibleTech/index.php?type=fiscalYear&id=15&app=3>

Wireless Accessibility Canada <http://wirelessaccessibility.ca/>

Wireless for All <http://accesswireless.org/home.aspx>

## ATTRACTIONS

Adventure Island

<http://www.adventureisland.com/Ai/Plan/GeneralInfo.aspx#specialneeds>

<http://www.adventureisland.com/Ai/Plan/GeneralInfo.aspx#accessibility>

<http://www.adventureisland.com/Ai/Plan/GeneralInfo.aspx#physical>

Busch Gardens

<http://seaworldparks.com/en/buschgardens-tampa/Park-Info/Special-Needs>

<http://seaworldparks.com/en/buschgardens-tampa/Park-Info/Know-Before-You-Go>

Florida Aquarium <http://www.flaquarium.org/explore-the-aquarium/accessibility.aspx>

Florida Museum of Photographic Art <http://fmopa.org/visit/visit-fmopa/>

Glazer Children's Museum. <http://glazermuseum.org/plan-my-visit/> (see Accessibility)

### Accessories

An "Adaptability Box" with tools that aid children with disabilities. Tools include grips, noise blocking headphones, visual timers and a variety of sensory items.

### Facilities

Upon request, the café on Level 1 is able to prepare a small selection of menu items to accommodate guests with allergies.

### Exhibits & Programming

Exhibits are accessible to guests in wheelchairs, with the exception of our climbing interactive.

There is a wheelchair lift to give guests access to exhibits on the mezzanine level.

The museum's programming is designed to be adaptable to all guests, regardless of their abilities. Please alert staff to any special needs

Henry B. Plant Museum <http://www.plantmuseum.com/Museum-Information/visitor-info.html>

Lowry Park Zoo [http://www.lowryparkzoo.com/zoo\\_accessibility.php](http://www.lowryparkzoo.com/zoo_accessibility.php)

Museum of Science and Industry.

<http://www.mosi.org/plan-your-visit/accessibility-accommodation.aspx>

Raymond James Stadium

<http://raymondjamesstadium.com/attending-an-event/disability-services/>

Steinbrenner Field

<http://www.steinbrennerfield.com/atoz.html> (please look under Animals, Disabled Access, Disabled Seating and Restrooms).

<http://www.steinbrennerfield.com/parking.html> (please look under Disabled Parking).

Straz Center <http://www.strazcenter.org/Plan-Your-Visit/Accessibility.aspx>

Tampa Bay Times Forum <http://www.tampabaytimesforum.com/guest-services/adaaccessibility>

## **ATTRACTIONS (Continued).**

Tampa Museum of Art

<http://www.tampamuseum.org/information/visitor-information/accessibility>

Tampa Theatre <http://tampatheatre.org/visit/directions-parking/> (parking for disabled patrons)

University of South Florida Contemporary Art Museum.

[http://usfcam.usf.edu/CAM/cam\\_about.html](http://usfcam.usf.edu/CAM/cam_about.html)

Ybor City State Museum <http://www.ybormuseum.org/visit-the-museum>

The Museum has one handicapped parking spot which is next to the accessible entrance on the side of the building. The bathrooms are accessible. They offer self guided tours that can involve an auditory device or a written guide for the hearing impaired. They also offer a large print guide. The museum has been cited by the Center for Autism Studies at the University of Florida as an autism friendly site as their volunteers have undergone special training and they offer children's games in their outside garden that are autism friendly.

**BLIND AND VISUALLY IMPAIRED** *See also Deaf-Blind under A-Z and Service Animals*

American Council of the Blind. 800-424-8666. [www.acb.org](http://www.acb.org)

American Foundation for the Blind 800-232-5463 [www.afb.org](http://www.afb.org)

American Printing House for the Blind 800-223-1839 <http://www.aph.org/>

Assistive Technology Fund This will provide funds to cover 50% of the retail price of adaptive devices or software. Means test. [http://www.blindcitizens.org/assistive\\_tech.htm](http://www.blindcitizens.org/assistive_tech.htm)

Association for the Education and Rehabilitation of the Blind and Visually Impaired. 877-492-2708. [www.aerbvi.org](http://www.aerbvi.org)

Association for Macular Diseases, Inc. 212-605-3719 [www.macula.org](http://www.macula.org)

Blindness Resource Center <http://www.nyise.org/blind.htm>

Braille and Talking Books Library <http://dbs.myflorida.com/library/>

Braille Signs. G.L.G. Art. Custom Engraving. 5008 W Linebaugh Avenue #56, Tampa, FL 33624. 813-962-3342.

Braille Works. Lou Fioritto, 2802 Pointer Place, Seffner, FL 33584. 813-654-4050. Braille and large print transcription.

Camera Obscura <http://www.hicom.net/~oedipus/> Blindness Related Resources

Checklist for Environmental Safety  
<http://www.afb.org/section.aspx?SectionID=26&TopicID=144&DocumentID=191>

Computers for the Blind <http://www.computersfortheblind.net/contact.html> 214-340-6328  
[info@computersfortheblind.net](mailto:info@computersfortheblind.net) Computers set up for persons who are blind for \$100.

Council of Citizens with Low Vision 800-733-2258 [www.cclvi.org](http://www.cclvi.org)

Florida Association for Education and Rehabilitation of the Blind and Visually Impaired. 813-837-7829. <http://www.flaer.org/>

Florida Blind Services Assistive Technology  
<http://dbs.myflorida.com/resources/assistive-technology/index.php>

Florida Council of the Blind <http://www.fcb.org/> 813- 237-0477 or 800-267-4448

Florida Division of Blind Services <http://dbs.myflorida.com/about-us/contact-blind-services.php>  
415 S. Armenia Avenue, Tampa, FL 33609. 813 871-7190. Provides medical services, social

## **BLIND AND VISUALLY IMPAIRED (continued)**

services and vocational rehabilitation for employment for persons who are visually impaired, blind and multi-disabled blind.

Foundation for Glaucoma Research 800-826-6693 or 415-986-3162

Hadley School for the Blind 800-323-4238 [www.hadley-school.org](http://www.hadley-school.org) This is the world's only correspondence school offering services to persons who are legally blind throughout the world. Correspondence courses are offered in Braille, large print or cassette. Tuition is free.

International Association of Audio Info Services 800-280-5325

Learning Ally (recording for persons who are blind or dyslexic)  
<http://www.learningally.org/Locations/Boca-Raton-Studio/436/>

Library-Talking Book Library. Jan Platt Regional Library 3910 South Manhattan Ave., Tampa, FL 33611 800-226-6075 or 813-272-6024

Lions Club Sight Programs. <http://www.lionsclubs.org/EN/our-work/sight-programs/index.php>

Macular Degeneration International <http://www.maculardegeneration.org/> 1-800-683-5555

National Association for Parents of Children with Visual Impairments 800-562-6265  
<http://www.spedex.com/napvi/>

National Federation of the Blind 410-659-9314

National Federation of the Blind of Florida <http://nfbflorida.org> 813-254-8249 or 813-837-4831  
[president@nfbflorida.org](mailto:president@nfbflorida.org)

1Touch. Self Defense for the Blind. Elizabeth Myska 508-849-9238. [info@touchproject.com](mailto:info@touchproject.com)  
[www.1touchproject.com](http://www.1touchproject.com)

Recordings for the Blind, Inc. 866-732-3585 [www.rfdb.org](http://www.rfdb.org) Offers educational books primarily at high school and college level. RFB's recording and Library service is free.

### **Scholarships for Blind Students**

Association of Blind Citizens Scholarship [http://www.blindcitizens.org/abc\\_scholarship.htm](http://www.blindcitizens.org/abc_scholarship.htm)

Friends in Art Scholarship <http://acb.org/node/851>

Joseph Roeder Assistive Technology Scholarship  
<http://www.afb.org/blog.aspx?BlogEntryID=261>

Southeastern Guide Dog School, 4210 7<sup>th</sup> St. East, Palmetto, FL 34221 [www.guidedogs.org](http://www.guidedogs.org)  
800-944-3647

## **BLIND AND VISUALLY IMPAIRED (continued)**

### **Support Groups**

Barksdale Senior Citizen Center 813-348-1180

Florida Council of the Blind Diane Bobrowski 813-855-7805

National Federation of the Blind 813-837-4831

Yes! Of America, Inc. Becki Forsell 813-795-2208

Tampa Lighthouse for the Blind [www.tampalighthouse.org](http://www.tampalighthouse.org) 1106 West Platt St., Tampa, FL 33606. Telephone: 813-251-2407. [tlh@tampalighthouse.org](mailto:tlh@tampalighthouse.org) Provides free rehabilitative services for persons who are partially sighted, blind, and multi-disabled blind. Services include: social services, instruction in orientation and mobility, braille, typing, cooking, phone dialing, money identification, personal management, vocational evaluation, job placement, rehabilitation engineering, supported employment, **low vision examinations** (fee), computer training and outlet of aids and appliances. Limited transportation is available. They also have the Magnifiers and More Store.

V.I. Guide (Visual Impairments) <http://www.viguide.com/>

White Cane Awareness Day Flash Mob video, Curtis Hixon Park, Tampa, FL  
<http://www.youtube.com/watch?v=bmruqp0jPYw>.

WUSF Radio Reading Service. University of South Florida, 4202 East Fowler Avenue, WRB 219, Tampa, FL 33620-6902 813-974-8700 or 800-741-9090 [www.wusf.usf.edu](http://www.wusf.usf.edu)

## INFORMATION FOR BUSINESSES

**The information that follows is not intended to be a comprehensive assessment of the law but simply a starting place to learn more about the regulatory provisions of the Americans with Disabilities Act. This does not constitute legal advice. For legal advice, please consult an attorney. For more information on the ADA contact the Southeast ADA Center at 1-800-949-4232 or call the US Department of Justice at 1-800-514-0301. Please also note Florida standards, which may in some cases, exceed ADA standards.**

According to the 2010 US Census, there are approximately 56.7 million people with disabilities living in the United States. This represents a large customer base. The City of Tampa takes pride in our local businesses and encourages them to make their businesses accessible to serve our residents and visitors with disabilities. For more information about the ADA, please go to [www.ada.gov](http://www.ada.gov).

There are specific accessibility guidelines at [http://www.ada.gov/2010ADAstandards\\_index.htm](http://www.ada.gov/2010ADAstandards_index.htm)  
Some information can be found at [www.adachecklist.org](http://www.adachecklist.org)

A site for those in the hospitality industry such as restaurants and hotels is <http://www.adahospitality.org> 1-800-949-4232 (ADA Center). Hospitality information at [www.ADAhospitality.org](http://www.ADAhospitality.org) was developed by the Mid-Atlantic ADA Center. It offers information on ADA lodging and facility standards, quick tips and other resources to businesses in that field. Please go to <http://adahospitality.org/content/Training-Materials>

### **Service Animals**

For more information on service animals please go to:

[http://www.ada.gov/service\\_animals\\_2010.htm](http://www.ada.gov/service_animals_2010.htm)

[http://www.leg.state.fl.us/statutes/index.cfm?mode=View%20Statutes&SubMenu=1&App\\_mode=Display\\_Statute&Search\\_String=service+animals&URL=0400-0499/0413/Sections/0413.08.html](http://www.leg.state.fl.us/statutes/index.cfm?mode=View%20Statutes&SubMenu=1&App_mode=Display_Statute&Search_String=service+animals&URL=0400-0499/0413/Sections/0413.08.html)

### **City of Tampa Seminar on ADA for Businesses and Landlords**

[http://65.49.32.148/Presentation/TampaCity/ae511aaf-2e7a-4422-8be8-212da818401d/ADA%20Seminar%20part%201/presentation\\_file/mgpresenter.html?GUID=ae511aaf-2e7a-4422-8be8-212da818401d](http://65.49.32.148/Presentation/TampaCity/ae511aaf-2e7a-4422-8be8-212da818401d/ADA%20Seminar%20part%201/presentation_file/mgpresenter.html?GUID=ae511aaf-2e7a-4422-8be8-212da818401d)

[http://65.49.32.148/Presentation/TampaCity/de724fa7-f20f-485a-b4ec-473cbeedb9c3/ADA%20Seminar%20part%202/presentation\\_file/mgpresenter.html?GUID=de724fa7-f20f-485a-b4ec-473cbeedb9c3](http://65.49.32.148/Presentation/TampaCity/de724fa7-f20f-485a-b4ec-473cbeedb9c3/ADA%20Seminar%20part%202/presentation_file/mgpresenter.html?GUID=de724fa7-f20f-485a-b4ec-473cbeedb9c3)

### **Free Online Information for Businesses**

ADA Questions and Answers for Small Businesses

<http://www.ada.gov/regs2010/smallbusiness/smallbusprimer2010.htm>

<http://www.adahospitality.org/> 1-800-949-4232 (ADA Southeast Center).

## **INFORMATION FOR BUSINESSES (Continued)**

The ADA Southeast Center offers free archived webinars for businesses. The topics include Creating a Model with Business: Common Sense Approaches to Access and Accommodations and On-line Employment Applications and Website Accessibility.

<http://www.adasoutheast.org/webinars/index.php> They are an excellent resource on the Americans with Disabilities Act and can answer your questions. 1-800-949-4232

Communicating with Guests who are Deaf or Hard of Hearing.

<http://www.ada.gov/hotelcombr.htm>

### **Employment of Persons with Disabilities**

<http://askjan.org/media/tax.html> Tax incentives for hiring persons with disabilities.

Assistive Technology for Employers and Businesses <http://atconnects.com/resources/at-for-employers>

Disability and HR <http://www.hrtips.org/>

EEOC [http://www.eeoc.gov/laws/regulations/adaaa\\_qa\\_small\\_business.cfm](http://www.eeoc.gov/laws/regulations/adaaa_qa_small_business.cfm)

Employer Assistance and Resource Network. Offers assistance with employment of persons with disabilities <http://www.askearn.org/>

Employer Resource Guide for Hiring and Retaining Persons with Disabilities

<https://disability.workforce3one.org/view/2001227857191678784/info>

Employer Tidbits <http://adasoutheast.org/publications/emptidbits.php>

Information for federal contractors and subcontractors. <http://adata.org/factsheet/section-503-rehabilitation-act-new-rules-fact-sheet>

The Job Accommodation Network (JAN) offers free consultation and webinars on employment and persons with disabilities. <http://askjan.org/training/library.htm> or call 800-526-7234

Virginia Commonwealth University-Rehabilitation Research and Training Center on Employment of Persons with Physical Disabilities. <http://vcurrtc.org/index.cfm>

Health Clubs and Fitness Centers

[http://www.accessibilityonline.org/Archives/Materials/FY2011/2011-08-04\\_Accessible\\_Health\\_Culbs\\_and\\_Fitness\\_Facilities\\_2\\_Slides\\_Per\\_Page.pdf](http://www.accessibilityonline.org/Archives/Materials/FY2011/2011-08-04_Accessible_Health_Culbs_and_Fitness_Facilities_2_Slides_Per_Page.pdf)

Maintaining Accessible Features in Retail Establishments

[http://www.ada.gov/business/retail\\_access.htm](http://www.ada.gov/business/retail_access.htm)

Reaching out to Customers with Disabilities <http://www.ada.gov/reachingout/intro1.htm>

Serving Guests Who Are Blind or Who Have Low Vision. <http://www.ada.gov/lodblind.htm>

Seven Steps for Making Your Customers with Disabilities Welcome

<http://www.realeconomicimpact.org/Asset-Development-Community/Welcoming-Customers-with-Disabilities.aspx>

The Access Board offers free webinars on accessibility.

<http://www.accessibilityonline.org/Archives/>



## **INFORMATION FOR BUSINESSES (Continued)**

Accessible Retail Stores and Spaces

<http://www.accessibilityonline.org/Archives/index.php?app=4&type=transcript&id=2011-10-06>

[http://adasoutheast.org/publications/ada/small\\_business\\_ADA\\_getting\\_it\\_right.pdf](http://adasoutheast.org/publications/ada/small_business_ADA_getting_it_right.pdf)

Ten Small Business Mistakes <http://www.ada.gov/videogallery.htm#anchor10mistakes990>

This video identifies common mistakes that small business owners make when trying to comply with the ADA.

Disability Nondiscrimination Law Advisor <http://www.dol.gov/elaws/odep.htm>

Federal Accessibility Guidelines and Standards: United States Access Board. <http://www.access-board.gov/guidelines-and-standards>

### **Florida Accessibility Standards**

Business owners should be aware that in some cases there are Florida accessibility standards that exceed the minimum standards of the ADA.

<http://www.floridasectionite.org/TIPS/TIPS%2022%20Rev%202003.pdf>

Florida Accessibility Code for Building Construction

[http://publicecodes.cyberregs.com/st/fl/st/b200v07/st\\_fl\\_st\\_b200v07\\_11\\_sec001.htm](http://publicecodes.cyberregs.com/st/fl/st/b200v07/st_fl_st_b200v07_11_sec001.htm)

<http://schmokel.com/Florida-Accessibility-Code-vs-ADAAG-vs-FAC.htm>

### **Tax Incentives for Businesses**

The federal government has established tax incentives for providing accessibility to businesses. Here are links for information on the tax incentives.

<http://www.ada.gov/archive/taxpack.htm>

<http://www.dol.gov/odep/ietoolkit/publications/186.pdf>

## **CENTER FOR INDEPENDENT LIVING**

<http://www.self-reliance.org/> 813-375-3965, VP 813-375-3966. 8901 N. Armenia Ave., Tampa, FL 33604 [sriadmin@self-reliance.org](mailto:sriadmin@self-reliance.org)

Self Reliance is the Center for Independent Living that serves Hillsborough County. Self Reliance, Inc. Center for Independent Living is a nonprofit 501(c)(3) organization established in 1978. Their mission is to promote independence through empowering persons with disabilities and improving the communities in which we live. They are a cross disability agency providing services to both children and adults with disabilities (regardless of age and type of disability) to identify and overcome barriers to independence in their lives. Services are provided free of charge. Self Reliance is one of 16 Centers for Independent Living statewide.

Any individual with a disability living in Hillsborough County is eligible for the programs provided by Self Reliance. Families and parents of children with disabilities may contact them to use as a resource center as they seek to provide independence or support for individuals with disabilities. Employers, businesses and schools alike may contact them regarding disability sensitivity trainings, accommodation inquiries, or specific information about services for persons with disabilities. Various programs offered by Self Reliance are listed in the appropriate categories.

**CHILDREN** *Please look under specific disabilities including mental health services*

Adaptive Clothing for Children <http://www.familyvillage.wisc.edu/at/Clothing-Child.html>

Buddy Baseball. Russ Oberbroekling 813-416-5742. [BuddyBaseball@verizon.net/](mailto:BuddyBaseball@verizon.net) Boys and girls with special needs playing ball with a buddy. [www.BuddyBaseball.org](http://www.BuddyBaseball.org)

Camp Spark is an after-school and summer program for physically and mentally disabled students from the ages of 5 to 22. <http://www.hillsboroughcounty.org/index.aspx?NID=742>

Chelsea's Voice Support Group [veleriefab@hotmail.com](mailto:veleriefab@hotmail.com) Phone: 813-388-9092

Children's Cancer Center 4901 W. Cypress St., Tampa, FL 33607. 813-367-5437 Serves Tampa Bay families of children with cancer or chronic blood disorders such as Sickle Cell Anemia with mentoring, counseling, camps, teen groups, activities, etc. [www.childrenscancercenter.org](http://www.childrenscancercenter.org)

Dental Services for Hillsborough County Children. Hillsborough County Health Department 813-307-8064. [hillschdfeedback@doh.state.fl.us](mailto:hillschdfeedback@doh.state.fl.us)

Early Childhood Council <http://www.ecctampabay.org/info/> (ages birth to 8 years old)

Early Childhood Education <http://achievetampabay.org/ProgramServices/Childrensservices.aspx>

Early Steps: Carol Lilly, M.D.-Early Steps Medical Director, Annalise Campisi-Early Steps Assistant Program Director, University of South Florida, 13101 N. Bruce B. Downs Boulevard, Tampa, FL 33612. Phone: 813-974-0602 or 866-549-1740, Fax: 813-558-1343 [clilly@hsc.usf.edu](mailto:clilly@hsc.usf.edu) [acampisi@hsc.usf.edu](mailto:acampisi@hsc.usf.edu)

Easter Seals Florida 2403 East Henry Ave., Tampa, FL 33610. 813-769-5921 [www.fl.easterseals.com](http://www.fl.easterseals.com) [cstampfer@fl.easterseals.com](mailto:cstampfer@fl.easterseals.com)

Exceptional Student Education <http://ese.mysdhc.org/>

Family Network on Disabilities <http://fndfl.org/>

Federation of Families for Children's Mental Health. <http://www.federationoffamilies.org/>  
7402 North 56th Street, Building 800, Suite 880, Tampa, Florida 33617 813-914-7930

Florida Diagnostic and Learning Resources <http://fdlrs.mysdhc.org/> (ages 0-22 years)  
Child Find: Emily Cimino 813-837-7788 Parent Services: Millie Bucy 813-837-7733

Florida Kid Care. Low cost/free medical coverage for children. <http://www.floridakidcare.org/>

Florida Youth Council <http://floridayouthcouncil.com/>

## **CHILDREN (Continued)**

FriendZone Respite Group. Sally DePalma at [specialconnections@stjamestampa.org](mailto:specialconnections@stjamestampa.org) 813-971-4790 ext 234

Infants & Young Children West Central Florida, Inc. Pat Grosz Ph.D-Executive Director  
1308 W. Sligh Ave., Tampa, Florida 33682-2485, PO Box 82485, Tampa, FL 33604,  
813-375-3980, Fax: 813-375-3984 Email: [pgrosz@tampabay.rr.com](mailto:pgrosz@tampabay.rr.com)

Learning Ally (learning disability) <https://www.learningally.org/> Provide books

Madisons Foundation <http://www.madisonsfoundation.org/> Provides information to parents of children with rare, life-threatening diseases. P.O. Box 241956, Los Angeles, CA 90024  
310-264-0826 [getinfo@madisonsfoundation.org](mailto:getinfo@madisonsfoundation.org)

National Collaborative on Workforce & Disability for Youth <http://www.ncwd-youth.info/>

National Dissemination Center for Children with Disabilities. <http://nichcy.org/>

Out of School Care <http://hillsboroughcounty.org/index.aspx?NID=742> (5 locations)

Partners in Care together for kids. 3010 W. Azeele St., Tampa, FL 33602 727-217-7869.  
Palliative care program for children and their families.

Ronald MacDonald House 28 Columbia Drive, Tampa, FL 33606-3584. 813-258-6430  
[www.rmhctampabay.com](http://www.rmhctampabay.com) For families of pediatric patients.

Rotary's Camp of Florida <http://rotaryscampflorida.com/> This is a year round camp for those with special needs which operates year round, and serves more than 2,000 children and adults yearly

St. Joseph's Hospital Child Advocacy Center. 813-615-0589.

Shriner's Hospital for Children (Orthopedic), 12502 Pine Drive, Tampa, FL 33612, 813-866-7740 <http://www.shrinershospitalsforchildren.org/en/Hospitals/Locations/Tampa.aspx> Services include: full inpatient and outpatient services, custom wheelchair seating and mobility equipment, physical and occupational therapy, and pediatric orthotic and prosthetic services.

The Abilities Performing Arts Center (TPAC) 225 W. Busch Blvd., Ste. 102, Tampa, FL 33612  
813-344-0960. Art, music, dance, cheerleading and sports instruction. [www.tpackids.com](http://www.tpackids.com)

The IEP Advocate 407-342-9836

Tikvah Talk (Lori and Alec Sanchez). 813-960-1848. Monthly lecture on special needs children.

**CLINICS (Medical and Dental)** (free, sliding scale and/or take Medicaid)

*Also see Florida Kid Care under Children and the Mental Health listings*

**Bridge Healthcare Clinic** 13601 N. 22nd Street, Tampa, FL, 33613 Tuesdays 5 pm to 9 pm. 813-526-9684 Free. Serves uninsured adults (18 and older) of the University Area Community, which is bordered by Bearss Ave, Fowler Ave, Bruce B. Downs Blvd, and Florida Ave., Tampa, FL. <http://health.usf.edu/bridge/index.htm>

**Dentists Care Resource Guide for Florida**

[http://www.floridadental.org/images/documents/PDC-ResourceGuide2012-WEB\\_021612\\_1.pdf?WebsiteKey=23d6164b-e652-4b58-8542-f00778ac0cae&hkey=f070a284-4ab1-453a-bb06-a855e3c80154](http://www.floridadental.org/images/documents/PDC-ResourceGuide2012-WEB_021612_1.pdf?WebsiteKey=23d6164b-e652-4b58-8542-f00778ac0cae&hkey=f070a284-4ab1-453a-bb06-a855e3c80154)

**Donated Dental Services** <http://nfdh.org/donated-dental-services-dds/state-dds-programs/florida>

One must be unable to pay for dental treatment and show that there is no other means of obtaining needed dental care. One must need extensive treatment, i.e., more than routine care.

**Erwin Technical Center Dental Assisting** (reduced fee) 2010 East Hillsborough Avenue, Tampa, Florida 33610. 813-238-7725. Fees based on procedure.

**Florida Baptist Mobile Dental Ministry Unit 2014 Schedule.**

<http://www.flbaptist.org/Portals/0/CCM/PDF/2014-3-3-MDUSchedule-Revision.pdf>

**Free and Medicaid Dentists** <http://www.freedental.org/ci/fl-tampa>

**Great Expressions Dental Clinic** (this is only location for this for profit that takes Medicaid-no sliding scale. Only takes certain forms of Medicaid). 825 W. Dr. Martin Luther King Jr. Blvd., Tampa, FL 33603, 813-237-1982

**Gulf Coast Dental Outreach** 4812 Longwater Way, Tampa, FL 33615. Serves low income. 813-579-3935. <http://mysite.verizon.net/drrettle/index.html>

**Hillsborough County Community College Dental Clinic** 813-253-7527.

<http://www.hccfl.edu/media/546449/hcc%20dental%20clinic%20summer%20hours%202012.pdf> Cleanings and preventive care. Examination \$5, prophylaxis \$20 fluoride treatment \$5, full mouth x-ray \$25, deep cleaning \$40 per quadrant, sealant \$5 a tooth (rates subject to change).

**Hillsborough County Dental Research Clinic** <http://www.hcdrc.com/generalinformation.html>

813-231-1800 ext 1340 [vilaret\\_m@fhn.edu](mailto:vilaret_m@fhn.edu) Low cost dental services. Uses Hillsborough County school calendar. Open 8 am-11 pm and 12 pm-3 pm

**Hillsborough County Health Department.** Adult HIV-only clinic, 1105 E. Kennedy Blvd., Tampa, FL 33602. 813-307-8064. [Mike\\_Wagner@doh.state.fl.us](mailto:Mike_Wagner@doh.state.fl.us),

## CLINICS (Continued)

**Hillsborough Health Care** is a managed care program for Hillsborough County residents with limited income and assets who do not qualify for other health care coverage, including Medicare and Medicaid. <http://www.hillsboroughcounty.org/DocumentCenter/Home/View/622>

**Immunizations.** Florida Department of Health 813-307-8077.

**Judeo Christian Health Clinic** 4118 N. MacDill Avenue, Tampa, FL 33607, 813-870-0395 <http://www.judeochristianhealthclinic.org> Eligibility income based. Medical and dental services. Dental services are only emergency extractions. Dental clinics are held Wednesday and Thursday at approximately 5:30 pm by appointment.

**Mammograms and Pap Smears** Free or Sliding Scale. Healthy Start Coalition of Hillsborough County. Sarah Bricklemeyer. 813-233-2800. [sbricklemeyer@hstart.org](mailto:sbricklemeyer@hstart.org) <http://healthyicc.org/index.cfm/do/Resources.Display/Group/1/ResourceID/1/Mammograms/Pap%20Smears.htm>

**Medicaid Dentists** <http://medicaiddentistry.com/florida.html>

**Meditech Medical Services** (Take Medicaid and Medicare) 4714 N. Armenia Ave, Suite 100, Tampa, FL 33603, 813-915-9000 <http://www.meditechmedicalcenters.com/index.html>

**North Tampa Community Health Center.** 1229 E. 131<sup>st</sup> Ave., Tampa, FL 33612. 813-866-0950. Dental care Ages 7 and older. No fees for children. Sliding scale for adults. Extractions, fillings, root canals, crowns, x-rays, cleanings.

**Red Crescent Clinic of Tampa Bay** <http://www.redcrescenttampa.org> 813-246-5006. Free. Open Tuesday-Friday: 9:30 am – 4 pm, Saturday: 9:30 am - 2 pm (All visits are only by appointment). 7328 E. Sligh Avenue, Tampa, FL 33610. [info@redcrescenttampa.org](mailto:info@redcrescenttampa.org) Includes medical and dental.

**Refugee Health Program.** 813-307-8077. Health assessments and immunizations for asylees, refugees, Cuban/Haitian asylum applicants/entrants/parolees, Amerasians, and certain victims of human trafficking.

**Sterilizations.** 813-307-8015 ext. 3502. Tubal ligations and vasectomies at no cost to persons who meet income and age eligibility.

**St. Petersburg Junior College Educational Facility Clinic** 7200 66th St. N., Pinellas Park, FL 33781. 727-341-3668. Open to all 5 years of age and older. Cleaning, X-Rays, sealants  
Fees: \$22 for cleanings including sealants; \$10 for X-rays.

## **CLINICS (Continued)**

### **Suncoast Community Health Centers, Inc. Dental Services**

Dover Health Care. 14618 State Rd. 574, Dover, FL 33527. 813-349-7710. Serve migrants. Fillings, extractions, root canals, x-rays, dentures, cleanings, crown and bridge. Sliding scale for X-rays and cleanings. All other procedures based on set fees.

Plant City Family Care. 508 N. Maryland Ave., Plant City, FL 33566. 813-349-7610. Open to all. Fillings, extractions, root canals, x-rays, dentures, cleanings, crown and bridge. Sliding scale for X-rays and cleanings. All other procedures based on set fees.

Ruskin Health Center 2814 14<sup>th</sup> Ave., S.E., Ruskin, FL 33570. 813-349-7861. Open to all. Fillings, extractions, root canals, x-rays, dentures, cleanings, crown and bridge. Sliding scale for X-rays and cleanings. All other procedures based on set fees.

### **Tampa Community Health Centers Dental Services**

2402 E. Martin Luther King Blvd., Tampa, FL 33610. 813-866-0930. [DBonham@hcnetwork.org](mailto:DBonham@hcnetwork.org)  
General dental care. Sliding scale and Medicaid accepted.

Lee Davis Health Center. 3402 N. 22<sup>nd</sup> St., Tampa, FL 33605. 813-272-6240. Ages 5 and up, Cleaning, extractions, partials, root canals, x-rays. Fees based on procedure, Medicaid. Accepts walk-ins from 6:30-8:00 am.

TCHC Salvation Army Health Center 1514 N. Florida Ave., Tampa, FL 33602. 813-490-1958. Dental care ages 4 and up. Initial fee with x-rays is \$50, extractions \$85. Extractions, fillings, root canals, x-rays. Sliding scale.

**Tampa Family Health Centers** Sliding scale fee with different specialties at the locations. Please check individual locations for services. <http://www.tampachc.com/tampachc.htm>

4620 N. 22<sup>nd</sup> St, Tampa, FL 33610. 813-272-6240. 8 am-8 pm M-F and Saturday 8 am-5 pm.

8108 N. Nebraska Ave., Tampa, FL 33604, 813-712-1930. Open M-F 8 am-5 pm.

7814 N. Dale Mabry Hwy, Tampa, FL 33604, 813-405-3939. Open M-F 8 am-5 pm.

1502 E. Fowler Ave. 33612. 813-866-0950. Open M-F 8 am-8 pm, Saturday 8 am -5 pm.

2103 N. Rome Ave., Tampa, FL 33607, 813-490-1426. Open M-F 8 am-5 pm.

8213 W. Waters Ave, Tampa, FL 33615, 813-490-5420 M-F 8 am-8 pm, Saturday 8 am-5 pm

1514 N. Florida Ave., Tampa, FL 33602, 813-490-1957 Open M-F 8 am-5 pm

Kelton Clinic 4704-B, W. Montgomery Ave., Tampa, FL 33616, 813-307-8055 M-F 8 am -5 pm

Mitchell Clinic 8605 N. Mitchell Ave., Tampa, FL 33604, 813-307-8054 Open M-F 8 am-5 pm

Sheldon Clinic 9827 N. Sheldon Rd., Tampa, FL 33635, 813-307-8053 Open M-F 8 am-5 pm

University Clinic 13601 N. 22<sup>nd</sup> St., Tampa, FL 33616, 813-307-8058 Open M-F 8 am -5 pm

West Shore Clinic 3901 S. West Shore Blvd., Tampa, FL 33611, 813-712-1940 M-F 8 am -5 pm

**University of Florida, College of Dentistry** St. Petersburg Campus 9200 113th Street N., Seminole, Florida 33772. 727-394-6064. Dental procedures begin at \$141. Emergency clinic opens at 7:30 a.m. on Monday-Friday. The clinic will treat the first eight emergency patients. The clinic is currently not accepting new patients. Extractions only.

## **DEAF AND HARD OF HEARING**

Advocacy <http://www.fccdhh.org/services/advocacy.html>

Association for Late Deafened Adults <http://aldasuncoast.com/>

Blossom Montessori School for the Deaf 727-539-7879 (V) 727-269-5391 (VP)  
[www.blossomschool.org](http://www.blossomschool.org)

Certified CART providers <http://www.fccdhh.org/pages/ncra-certified-cart-providers-in-florida>

Communication Access, Inc. <http://www.communicationaccess.org/> 813-814-7736

Deaf and Hearing Connection for Tampa Bay, Inc. 813-579-4088 <http://www.dhctb.org/>

Deaf Florida Events <http://deaffloridaevents.com/>

Deaf Linx <http://www.deaflinx.com/Services/health.html>

Deaf Literacy Center

<http://www.facebook.com/pages/Deaf-Literacy-Center-Tampa-Bay-Florida/55716008365>

Deaf Network Florida [florida@deafnetwork.com](mailto:florida@deafnetwork.com)  
<http://www.deafnetwork.com/florida/about.html>

Deaf Resource Library <http://www.deaflibrary.org/>

Deaf Service Bureau of West Central Florida, Inc. 9309 N. Florida Ave., Suite 109, Tampa, FL 33612. <http://deafservicebureau.blogspot.com/p/about.html> Phone: 813-490-9434 Video Phone: 813-402-0394

Deaf Wired <http://www.deafwired.com/tampa/>

Described and Captioned Media Program 864-585-1778 (VOICE), 864-585-2617 (TTY)  
<http://www.dcmp.org/Default.aspx?AspxAutoDetectCookieSupport=1>

Fair Housing Information. Videos in American Sign Language with English subtitles.  
<http://www.fairhousingdeafvideos.com/Videos.html>

Florida Association of the Deaf <http://www.fadcentral.org>

Florida Coordinating Council for the Deaf and Hard of Hearing Voice: 866-602-3275, TTY: 866-602-3276 <http://www.fccdhh.org/>

Florida Deaf Golfers <http://floridadeafgolfers.com/>



## **DEAF AND HARD OF HEARING (continued)**

Florida Deaf Service Association <http://www.fldsca.org/>

Florida Guide Dogs for the Deaf 941-748- 8245, 2016 27th Street, East Bradenton, FL 32408  
<http://www.floridadogguidesftd.org/>

Florida Telecommunications Relay, Inc. [www.ftri.org](http://www.ftri.org) Free telecommunications and special telephones for persons who are deaf or hearing impaired or who have a speech impairment. Dial 711 to make a relay call. 800-222-3448 (V) 888-447-5620 (TTY). [outreach@ftri.org](mailto:outreach@ftri.org) For more information call 813-375-3965.

Gallaudet Technology Access Program <http://tap.gallaudet.edu/>

Hearing Loss Association of Florida [www.hla-fl.com](http://www.hla-fl.com)

### **Hearing Aid Assistance**

Foundation for Sight and Sound <http://foundationforsightandsound.org/> PO Box 1245

Smithtown, NY 11787. 631-366-3461 [info@foundationforsightandsound.org](mailto:info@foundationforsightandsound.org)

Starkey Hearing Foundation <http://www.starkeyhearingfoundation.org/>

Idlewild Baptist Church Sign Language and captioning religious services. ASL classes offered on Sunday afternoons. 813-264-8773. [specialneeds@idlewild.org](mailto:specialneeds@idlewild.org) 18333 Exciting Idlewild Blvd., Lutz, FL 33548.

Medicaid Contact for Deaf and Hearing Impaired. Scott Henjum (Primary) 813-350-4830  
Dondra Smith (Back-up) 813-350-4846

MeetHear Complements Speech to text. [Jack.Peacock@Complements.com](mailto:Jack.Peacock@Complements.com) 678-938-0504  
[www.complements.com](http://www.complements.com)

National Cued Speech Association 800-459-3529 (v/tty) <http://www.cuedspeech.org/> 1300  
Pennsylvania Avenue, NW, Suite 190-713, Washington, DC 20004

NTID Center on Employment <http://www.ntid.rit.edu/nce>

Project Endeavor <http://www.projectendeavor.com/Home.aspx> (internet services/devices)

Self Reliance Center for Independent Living Deaf and Hard of Hearing Services. V 813-375-3965, TTY 813-375-3972, VP 866-285-5947 and 866-321-2431. 8901 N. Armenia Ave., Tampa, FL 33604. Sonic boom alarm clocks, telephone and doorbell flashers, smoke alarms with strobes (available to families with children). Video phones in the computer lab are available for use by the public

Sertoma Camp Endeavor P.O. Box 910, Dundee, FL 33838 863-439-1300 (V/TTY)  
[www.sertomacampendeavor.org](http://www.sertomacampendeavor.org)

## **DEAF AND HARD OF HEARING (continued)**

Sign of Da' Times. P.O. Box 10824 Tampa, Florida 33679 <http://signofdatimes.com/> Sign language musical dance company. [Signofdatimes@gmail.com](mailto:Signofdatimes@gmail.com)

Sorenson Video Relay Service. A free video relay service. 1-866-FAST-VRS

Tampa Bay Deaf Community Events <http://www.aslevents.info/>

Where Taxpayers with Disabilities Can Find Online Help from the IRS (American Sign Language) <http://www.youtube.com/watch?v=el-xueE-ZDY>

TDI <http://www.tdi-online.org/> Their mission is to promote equal access in telecommunications and media for people who are deaf, hard of hearing, late deafened, or deaf blind.

UbiDuo Face to Face Communicator <http://www.scomm.com> 866-505-7008, Fax 816-737-1790, Tel/TTY 866-505-7001

Videophone 816-527-8339 (Sorenson) A videophone can use vp.scommonline.com as an IP address

Websites <http://www.deafwebsites.com/>

*Please also see Sign Language Interpreter Services and Deaf-Blind (under A-Z)*

**DEVELOPMENTAL DISABILITIES** *See also separate listing for Asperger's and Autism*

Agency for Persons with Disabilities <http://apd.myflorida.com/about/>  
1313 N. Tampa St., Suite 515, Tampa, FL, 813-233-4300

APD Resource Directory <http://resourcedirectory.apd.myflorida.com/resourcedirectory/>

Best Buddies [www.bestbuddiesflorida.org](http://www.bestbuddiesflorida.org) 4302 Henderson Boulevard Suite 104, Tampa, FL 33629. 813-254-9025

Down's Syndrome Network of Tampa Bay, Inc. 727-462-2274 [www.dsntampabay.org](http://www.dsntampabay.org)

Family Café <http://familycafe.net/> 850-224-4670 [info@familycafe.net](mailto:info@familycafe.net)

Family Care Council (developmental disabilities) <http://www.fccflorida.org/ddmain.htm>

Family Support Resource Center <http://familysupporthc.org/index.cfm/fuseaction/About.Home>

Florida Center for Inclusive Communities <http://flfcic.fmhi.usf.edu/> 813-974-3126

Florida Developmental Disabilities Council [www.fddc.org](http://www.fddc.org)

F.R.I.E.N.D.S. Down Syndrome Support (Families Raising Inspiring, Educating, Nurturing Down Syndrome) P.O. Box 677 Brandon, FL 33509-0677. 813-635-8179  
<https://www.bandofangels.com/Resources/Directories/SupportGroups/SupportGroup.aspx?Master=Print&CompanyID=1332>

Idlewild Baptist Church Special Needs Ministry. 813-264-8773. [specialneeds@idlewild.org](mailto:specialneeds@idlewild.org)  
18333 Exciting Idlewild Blvd., Lutz, FL 33548. Sunday Bible Classes, Buddy Break (monthly respite program), Beat Street (Drum-based learning environment, crafts) Softball.

My Child Without Limits <http://www.mychildwithoutlimits.org/>

New Horizon Support Group <http://thechp.syr.edu/floridasa/NewHorizon.html>

Parenting with Special Needs Support Group [Erica.DuPont@hotmail.com](mailto:Erica.DuPont@hotmail.com) or 813-966-7064

Quest's Camp Thunderbird. 909 E. Welch Rd., Apopka, FL 32712. 407-889-8088.  
[campthunderbird@questinc.org](mailto:campthunderbird@questinc.org) Camp for persons with developmental disabilities.

Quest, Inc. 1404 Tech Blvd., Tampa, FL 33619 813-630-4710. Housing, Adult Day Training, Camp Thunderbird. [www.questinc.org](http://www.questinc.org)

Suncoast New Options. 9502 N. Florida Ave., Tampa, FL 33612 813-933-1476.  
[www.suncoastnewoptions.com](http://www.suncoastnewoptions.com) Supported living, life skills development, personal supports, residential services, transportation.

## **DEVELOPMENTAL DISABILITIES (continued)**

Sunrise Community of Hillsborough County 2714 West Kirby Street Tampa, Florida 33614

Phone: (813) 830-7823 [hillsborough@sunrisegroup.org](mailto:hillsborough@sunrisegroup.org)

<http://www.sunrisegroup.org/locations/florida-locations/central-florida/#tampa>

United Cerebral Palsy. <http://achievetampabay.org/>

Van Dyke Church Special Needs Ministry. 17030 Lakeshore Rd., Lutz, FL 33558.

[www.vandyke.org](http://www.vandyke.org) Bible study 813-968-3983 x156 [jatkinson@tampabay.rr.com](mailto:jatkinson@tampabay.rr.com).

Embrace Special Needs Respite Care [gharmon@vandyke.org](mailto:gharmon@vandyke.org) 813-968-3983 x 156.

*See also Medicaid Waiver Programs*

## **DISCRIMINATION**

The City of Tampa investigates discrimination complaints in the areas of employment, housing, and public accommodation.

[http://www.tampagov.net/dept\\_Community\\_Affairs/Information\\_Resources/index.asp](http://www.tampagov.net/dept_Community_Affairs/Information_Resources/index.asp)

Filing a Discrimination Complaint

[http://www.tampagov.net/dept\\_community\\_affairs/how\\_do\\_i/](http://www.tampagov.net/dept_community_affairs/how_do_i/)

Employment

[http://www.tampagov.net/dept\\_community\\_affairs/programs\\_and\\_services/EMPLOYMENT DISCRIMINATION.ASP](http://www.tampagov.net/dept_community_affairs/programs_and_services/EMPLOYMENT_DISCRIMINATION.ASP)

Housing

[http://www.tampagov.net/dept\\_community\\_affairs/programs\\_and\\_services/FAIR\\_HOUSING.ASP](http://www.tampagov.net/dept_community_affairs/programs_and_services/FAIR_HOUSING.ASP)

Public Accommodation

[http://www.tampagov.net/dept\\_community\\_affairs/programs\\_and\\_services/PUBLIC\\_ACCOMMODATION.ASP](http://www.tampagov.net/dept_community_affairs/programs_and_services/PUBLIC_ACCOMMODATION.ASP)

Contacting Division of Community Affairs to File a Discrimination Complaint

[http://www.tampagov.net/dept\\_community\\_affairs/contact\\_us/](http://www.tampagov.net/dept_community_affairs/contact_us/) 813-274-5854.

YouTube Video

<http://www.youtube.com/watch?v=ptLyXpEwHck>

Spanish version <http://www.youtube.com/watch?v=iNNdXTFX0E8>

## GENERAL INFORMATION

Call 211 locally, 813-234-1234 or go to [www.211.org](http://www.211.org) to find services and for crisis intervention services within Hillsborough County. This is a service provided by United Way and the Alliance for Information and Referral Systems.

American Association of People with Disabilities <http://www.aapd.com/>

Aunt Bertha | Connecting People and Programs

<http://politicalsocialworker.wordpress.com/2012/06/30/aunt-bertha-connecting-people-and-programs-50-tips-and-strategies-to-ace-the-lmsw-exam-aunt-berthas-lmsw-master-guide-a-c-t/>

Aunt Bertha picks up where Uncle Sam leaves off by making it easy to find food, health, housing and education programs.

Bright Feats Tampa Bay Area Directory <http://tampa.brightfeats.com/default.htm>

Complete Disability Resource Guide <http://www.medicaresolutions.com/disability-resources.asp>  
A comprehensive guide to disabilities resources.

Christopher and Dana Reeve Foundation Paralysis Research Center (includes lending library)  
<http://www.christopherreeve.org/site/pp.aspx?c=mtKZKgMWKwG&b=4451921>

Disability.gov <https://www.disability.gov/>

Disability Resources <http://disabilityresources.org/>

Elder Helpline 800-336-2226

Family Network on Disabilities <http://fndfl.org>

Florida Alliance of Information and Referral Services <http://www.flairs.org/>

Hillsborough County Disability Resource Directory  
<http://www.hillsboroughcounty.org/index.aspx?NID=2042>

Hillsborough County Library InfoL!ne. InfoL!ne provides information & referrals for government, library and community services. 813-272-5900

Independent Living Research Utilization <http://www.ilru.org/> 713-520-0232 (Voice/TTY)

Link to Nonprofits. <http://linktononprofits.com/>

Medline Plus <http://www.nlm.nih.gov/medlineplus/>

Model Systems Knowledge Translation Center <http://www.msktc.org/> Resources for Traumatic Brain Injury, Spinal Cord Injury and Burn Injury 202-403-5600

**GENERAL INFORMATION (continued)**

National Organization on Disability <http://www.nod.org/>

National Rehabilitation Information Center <http://www.naric.com/>

Self Reliance *See Center for Independent Living.*

**GRANTS/FUNDING** *See Medicaid Waiver Programs and Center for Independent Living*

Abilities Fund <http://www.abilitiesfund.org/index.php> Nationwide nonprofit community developer and financial institution focused exclusively on expanding entrepreneurial opportunities for people with disabilities, including access to capital and microloans.

Able Trust <http://www.abletrust.org/grant/>

Be Perfect SCI Foundation <http://www.beperfectfoundation.com/> Assistance for persons with a spinal cord injury

Benefits Checkup <http://www.benefitscheckup.org/> Free service that identifies government assistance programs.

The Centre for Women's Senior Home Improvement Program (SHIP) 305 S. Hyde Park Avenue, Tampa, FL 33606. This program has funding to make needed safety repairs and to make homes handicap accessible for low-income homeowners age 60 and over. 813-232-3200. [http://thecentre.org/images/stories/SHIP/SHIP\\_brochure\\_web.pdf](http://thecentre.org/images/stories/SHIP/SHIP_brochure_web.pdf)

Challenged Athletes Foundation. Grants for training, competition and equipment needs <http://www.challengedathletes.org/site/c.4nJHJQPqEiKUE/b.6449023/k.BD6D/Home.htm>

Christian Fund for the Disabled Christian Fund for the Disabled 818-707-5664 [kcandish@joniandfriends.org](mailto:kcandish@joniandfriends.org) Provides one time grant to Christians for a disability related need.

Disabled Children's Relief Fund <http://www.dcrf.com/orderze/default.aspx> Provides children with disabilities assistance to obtain wheelchairs, orthopedic braces, walkers, lifts, hearing aids, eyeglasses, medical equipment, physical therapy, and surgery. Blind, Deaf, Amputees, and children with Cerebral Palsy, Muscular Dystrophy, Spastic Quadriplegia, Encephalitis, Rheumatoid Arthritis, Spina Bifida, Down's Syndrome, and other disabilities receive assistance. DCRF focuses special attention on helping children throughout the U.S. who do not have adequate health insurance, especially the physically challenged.

**Government Benefits, Grants, and Financial Aid**

<http://www.usa.gov/Citizen/Topics/Benefits.shtml> Browse an alphabetical list of individual need topics to find relevant federal government agencies and/or directories of state agencies.

**Grants for Individuals: The Disabled | Michigan State University Libraries**

<http://staff.lib.msu.edu/harris23/grants/3disable.htm> Provides a thorough resource listing of funding opportunities including web sites, databases, books, and announcements.

Help Hope Live. Funding for Catastrophic Injury and Transplants. <http://www.helphopelive.org/> Assists in setting up your own fundraising effort



## **GRANTS/FUNDING (continued)**

Millennium Angel Foundation <http://millenniumangelfoundation.org/> Florida organization for persons severely injured as the result of an accident. [angelfoundation@msettlements.com](mailto:angelfoundation@msettlements.com) 800-573-8853.

Modest Needs <https://www.modestneeds.org/index.asp> Allows the general public to safely and securely help hard-working, low-income households to afford short-term emergency expenses. Donors also can give to small nonprofits struggling to serve their communities, but whose needs are generally too small to be considered a funding priority by larger grant makers.

The Kaitlin Marie Bell Foundation <http://www.kmbfoundation.org/> Provides financial assistance to children with disabilities who are unable to afford equipment and/or services that they need.

Self-Reliance Home Modification and Barrier Removal. Betty Nieves 813-375-3965 ext. 109  
Ramps, grab bars, door widening and bathrooms.

Travis Roy Foundation. Provides adaptive equipment to persons with spinal cord injuries.  
<http://www.travisroyfoundation.org/>

## **MEDICAID WAIVER PROGRAMS**

Adult Cystic Fibrosis Medicaid Waiver Program 800-342-0778

<http://www.doh.state.fl.us/demo/BrainSC/Medicaid/ACFHomepage.htm>

Agency for Persons with Disabilities <http://apd.myflorida.com/about/> 1313 N. Tampa St., Suite 515, Tampa, FL, 813-233-4300

Assisted Living for the Elderly Medicaid Waiver. For those residing in qualified assisted living facilities. <http://elderaffairs.state.fl.us/faal/operator/alemedicaid.html>

Brain and Spinal Cord Injury Medicaid Waiver Program 800-342-0778

<http://www.doh.state.fl.us/demo/BrainSC/Medicaid/medicaidhome.html>

Elder Affairs Medicaid Waiver Program 800-963-5337

[http://elderaffairs.state.fl.us/doea/medicaid\\_waiver.php](http://elderaffairs.state.fl.us/doea/medicaid_waiver.php)

Familial Dysautonomia Home and Community-Based Services Waiver 850-921-4464

<http://www.familialdysautonomia.org/Florida-Waiver.htm>

In addition to the waiver programs listed above, the Florida Department of Children and Family Services, Adult Protective Services offers the following programs for persons ages 18-59. <http://www.dcf.state.fl.us/programs/aps/inHome.shtml> To apply and get on the waiting list, call Tom Canham, the Services Supervisor, at 813-337-5992.

Home Care for Disabled Adults provides case management services and a small financial subsidy to approved caregivers providing in-home care to adult persons (18 through 59 years of age) with disabilities who would otherwise be placed in nursing homes or institutions.

Community Care for Disabled Adults assists adults (18 through 59 years of age) who have a permanent physical or mental disability that restricts their ability to perform one or more activities of daily living and impedes their capacity to live independently. Through the provision of, or linkage to, in-home services, CCDA helps these adults with disabilities live dignified and reasonably independent lives in their own homes.

Aged and Disabled Adult Medicaid Waiver Program assists permanently disabled adults (18 through 59 years of age) who are at risk of being placed in long-term care facilities. It allows disabled adults to be cared for in their homes, preserving their independence and ties to family and friends.

**MENTAL HEALTH AND SUBSTANCE ABUSE** (free, sliding scale and/or take Medicaid)

Agency for Community Treatment Services, Inc. (ACTS) 4612 N. 56<sup>th</sup> Street, Tampa, FL 33610, 813-246-4899

Al-Anon <http://www.tampabayalanon.org> 813-881-9372

Alcoholics Anonymous <http://aatampa-area.org/> 8019 N. Himes, Suite 104 Tampa, FL 33614 813-933-9123. [aainfo@aatampa-area.org](mailto:aainfo@aatampa-area.org)

Baycare Behavioral Health 4726 N. Habana Avenue, Suite 101 Tampa, FL 33614, 813-872-7582

Central Florida Behavioral Health Network, Inc. 719 U.S. Highway 301 South, Tampa, FL 33619, 813-740-4811

Children's Community Services/FASST 5800 N. Nebraska Avenue, Tampa, FL 33604. 813-901-3401

Children's 1st Response 1911 N. US Hwy 301, Ste 140, Tampa, FL 33619, 813-740-4466

Christian Recovery Centers, The Faith House 302 15th Street North, St. Petersburg, FL 33705 727-822-4981. [ccenter27@tampabay.rr.com](mailto:ccenter27@tampabay.rr.com) Housing, meals, therapy and supervision for those with alcohol or substance abuse problems.

DACCO Drug Abuse Comprehensive Coordinating Office Includes outpatient and residential programs. Main Campus & Assessment & Referral, 4422 E. Columbus Dr., Tampa, FL. 33605. 813-984-1818. Other locations are listed on the website. <http://dacco.org/>

Depression and Bipolar Support Groups. <http://www.dbsatampabay.org/support-groups.html> 813-878-2906 [Info@dbsatampabay.org](mailto:Info@dbsatampabay.org) P.O. Box 340572, Tampa, FL 33694

**Mental Health Care, Inc.**

Mental Health Care, Inc. 5707 N. 22<sup>nd</sup> Street, Tampa, FL 33610, 813-272-2244

Mental Health Care Inc., The Graham Home 2400 E. Henry Ave Tampa, FL 33610, 813-272-2219 (residential)

Mental Health Care Inc., Residential Treatment Program 2214 E. Henry Ave., Tampa, FL 33610, 813-272-2866

Mental Health Care Inc., Adult Community Services 2313 W. Violet St., Tampa, FL 33603, 813-673-4622

Mental Health Care Inc., Adult Community Services at Palmer 707 N. 22<sup>nd</sup> Street, Tampa, FL 33610, 813-707-7077

Narcotics Anonymous. P.O. Box 9730, Tampa, FL 33674. 813-879-4357. Offers fellowship and support for people with a drug problem. Anybody who desires to stop using drugs is eligible to attend meetings. The program provides access to another addict for emotional support.

## **MENTAL HEALTH AND SUBSTANCE ABUSE (continued)**

Northside Mental Health Services, Inc. 12512 Bruce B. Downs Blvd., Tampa, FL 33612, 813-977-8700

Project Return, Inc. <http://www.projectreturn.org/page/page/1400322.htm>  
303 W. Waters Avenue, Tampa, FL 33604, 813-990-8981 ext. 2

St. Joseph's Hospital, Psychiatric Care Center 3001 W. Dr Martin Luther King Jr. Blvd., Tampa, FL 33607-6307, 813-870-4300

### **Suicide Hotline 1-800-SUICIDE**

The Centre. 305 S. Hyde Park Ave., Tampa FL 33606. 813-251-8437 <http://thecentre.org/> M-Th 8:30-5:00; F 8:00-4:30; Evening appointments are available. Provides substance abuse evaluation and outpatient treatment for women, supportive counseling, psycho-educational groups and classes, job placement assistance and employability skills training; home repair and weatherization for elderly home owners; and programs for pre-adolescent and adolescent girls. Each program strives to assist clients to achieve or maintain self-sufficiency.

Tampa Bay Alliance for the Mentally Ill 11405 Orilla Del Rio, Temple Terrace, FL 33617, 813-974-1934

Tampa Bay Anxiety Association <http://www.meetup.com/The-Tampa-Bay-Anxiety-Association/>

Tampa Crossroads, Inc. Residential and Outpatient Services. 5118 N. Nebraska Avenue, Tampa, FL 33603, 813-238-5210. <http://www.tampacrossroads.com/>

Tampa Jewish Family Services. [www.tjfs.org](http://www.tjfs.org) 813-960-1848 13009 Community Campus Dr., Tampa, FL 33625. Counseling services, free monthly support group for seniors. Also offer financial mentoring for families, a monthly program on proactive parenting and a monthly program on special needs children. Have a community food bank with monthly distribution. Services open to all. Individual counseling can be provided on a sliding scale and they take Medicare and most major insurance.

Volunteers of America 1205 E. 8<sup>th</sup> Avenue, Tampa, FL 33605-3503, 813-282-1525

## SERVICE ANIMALS

**ADA Revised Service Animals Requirements** [http://www.ada.gov/service\\_animals\\_2010.htm](http://www.ada.gov/service_animals_2010.htm)

**Florida Assistance Animal Laws**

[http://www.leg.state.fl.us/statutes/index.cfm?mode=View%20Statutes&SubMenu=1&App\\_mode=Display\\_Statute&Search\\_String=service+animals&URL=0400-0499/0413/Sections/0413.08.html](http://www.leg.state.fl.us/statutes/index.cfm?mode=View%20Statutes&SubMenu=1&App_mode=Display_Statute&Search_String=service+animals&URL=0400-0499/0413/Sections/0413.08.html)

### **Dog Parks**

[http://www.tampagov.net/dept\\_parks\\_and\\_recreation/information\\_resources/dog\\_parks/](http://www.tampagov.net/dept_parks_and_recreation/information_resources/dog_parks/)

**Hands Free Walking a Dog** [http://www.bluezoneenterprises.com/hab\\_home.htm](http://www.bluezoneenterprises.com/hab_home.htm)

### **Transporting Service Animals by Airlines**

Air Canada <http://www.aircanada.com/en/travelinfo/before/specialneeds/serviceanimals.html>

Airtran [http://www.airtran.com/special\\_needs\\_information.aspx#san](http://www.airtran.com/special_needs_information.aspx#san)

American <http://www.aa.com/i18n/travelInformation/specialAssistance/serviceAnimals.jsp>

British Airways [http://www.britishairways.com/travel/pet/public/en\\_us](http://www.britishairways.com/travel/pet/public/en_us)

Cayman Airways <https://www.caymanairways.com/pets>

Delta

[http://www.delta.com/planning\\_reservations/special\\_travel\\_needs/services\\_travelers\\_disabilities/special\\_concerns/index.jsp](http://www.delta.com/planning_reservations/special_travel_needs/services_travelers_disabilities/special_concerns/index.jsp)

Frontier <http://www.flyfrontier.com/customer-service/travel-support/special-needs/planning-your-trip>

Jet Blue [http://www.jetblue.com/travel/special-needs/?intcmp=ft\\_specialneeds](http://www.jetblue.com/travel/special-needs/?intcmp=ft_specialneeds)

Southwest Airlines

[http://www.southwest.com/html/customer-service/unique-travel-needs/customers-with-disabilities-pol.html#unique\\_travel\\_needs\\_allergies\\_disabilities\\_pol\\_tab\\_list\\_tab\\_10](http://www.southwest.com/html/customer-service/unique-travel-needs/customers-with-disabilities-pol.html#unique_travel_needs_allergies_disabilities_pol_tab_list_tab_10)

Spirit <http://customersupport.spirit.com/entries/21368523-can-i-bring-my-service-emotional-support-or-psychiatric-service-animal-on-my-flight>

United [http://www.united.com/web/en-US/content/travel/specialneeds/disabilities/assistance\\_animals.aspx](http://www.united.com/web/en-US/content/travel/specialneeds/disabilities/assistance_animals.aspx)

US Airways <http://www.usairways.com/en-US/traveltools/specialneeds/animals.html>

West Jet

<https://www.westjet.com/guest/en/travel/special-arrangements/special-needs/service-animals.shtml>

### **Veterinary Care**

You can modify the search in this link by putting in your address and it will show you the veterinarians closest to your location. <http://www.yellowpages.com/301-e-kennedy-blvd-tampa-fl/veterinarians?g=301+e.+kennedy+blvd%2C+tampa%2C+fl&q=Veterinarians>

Some of these veterinarians have Saturday morning hours. If care is needed after hours or on a weekend, Blue Pearl offers 24/7 emergency care. <http://florida.bluepearlvet.com/>

## **SERVICE ANIMALS (continued)**

Animal Coalition of Tampa 502 N. Gilchrist Ave., Tampa, FL 813-250-3900. Spay and neuter, low cost medications. <http://www.actampa.org/>

Hillsborough County Animal Control. Spay and Neuter Voucher Program for income qualifying county residents. <http://www.hillsboroughcounty.org/index.aspx?NID=496>

Humane Society Clinic [http://humanesocietytampa.org/wp-content/uploads/2012/11/Spay-Neuter-Clinic-Fees-11\\_15\\_12.pdf](http://humanesocietytampa.org/wp-content/uploads/2012/11/Spay-Neuter-Clinic-Fees-11_15_12.pdf)

New Horizons Service Dogs, Inc. 1590 Laurel Park Ct., Orange City, FL 32763. 386-456-0408. [info@nhsdi.org](mailto:info@nhsdi.org). Provides service dogs mostly in the area of wheelchair and mobility assistance. [www.nhsdi.org](http://www.nhsdi.org)

Southeastern Guide Dogs. 941-729-5665. 4210 77th St. East, Palmetto, FL 34221. <http://www.guidedogs.org/>

## **SIGN LANGUAGE INTERPRETER SERVICES**

This is a list of Sign Language Interpreter services/firms, followed by a list of independent Sign Language Interpreters. Inclusion on this list does not represent an endorsement of the individual/firm by the City of Tampa. Although an effort is made to keep information current, it is best to verify the information with the individual provider/vendor. Please verify fees and contact information from the vendor.

### **Absolute Quality Interpreting (AQI) Services, LLC**

Lisa Schaefermeyer 813-785-1214 [info@aqiservices.com](mailto:info@aqiservices.com) <http://www.aqiservices.com/>

### **Access Interpreting Services, LLC**

Golden Dawn 813-321-0427 [accessinterpreting@yahoo.com](mailto:accessinterpreting@yahoo.com)

### **ASL Services**

Gabrielle/Robin 407-518-7900/888-744-6275 ext 309 [www.ASLServices.com](http://www.ASLServices.com)

### **Deaf Service Bureau:**

Wendi Herzman 813-930-7586, or 1-800-616-4293 <http://deafservicebureau.org/>

**Florida Registry of Interpreters for the Deaf** <http://www.fridcentral.org/>

### **Interpretek**

Contact: Rosanne Trapanni 888 273-0277 [www.Interpretek.com](http://www.Interpretek.com)

### **K.R. Kanter & Associates**

813-899-4515 [krkantorassoc@gmail.com](mailto:krkantorassoc@gmail.com)

### **KSS Sign Language Interpreting, LLC**

Kerstin G. Ritzie Director of Interpreting Services [www.kss-aslinterpreting.com](http://www.kss-aslinterpreting.com)  
727-599-7538 (Voice) 727-498-5250 (VP) [kerstin@kss-aslinterpreting.com](mailto:kerstin@kss-aslinterpreting.com)

### **Purple Communications**

Vickie Fales 1-800-900-9478 ext.1658, After hours 813-931-6753

[vicky.fales@purple.us](mailto:vicky.fales@purple.us) <http://purple.us/interpreting>

### **Self Reliance, Inc.**

Michele Pineda 813-375-3965 ext. 108 or 813-375-3972 TTY. [mpineda@self-reliance.org](mailto:mpineda@self-reliance.org)

### **Sorenson Video Interpreting**

866-FAST-VRS Interpreting via video camera, a free service. Must have available the video telephone number of the deaf person who you are calling.

### **Individual Sign Language Interpreters:**

Sheri Arthur, [SheriArthur@aol.com](mailto:SheriArthur@aol.com), 813-679-5826

**SIGN LANGUAGE INTERPRETER SERVICES (Continued)**

Carol Downing [cldinfla@hotmail.com](mailto:cldinfla@hotmail.com) 727 823-1342/Cell 727 798-3182;

Jodi Pesick, [joditerp@hotmail.com](mailto:joditerp@hotmail.com), 727-253-1538

Michon Shaw, [michonshaw2@gmail.com](mailto:michonshaw2@gmail.com) 813-629-0112

Stephanie Wyatt 727-418-2261



**SPINAL CORD INJURY** *See also Wheelchairs and Grants*

Apparelyzed [www.apparelyzed.com](http://www.apparelyzed.com)

Brain and Spinal Cord Injury Program 727-570-3427

Care Cure Community <http://sci.rutgers.edu/>

Christopher and Dana Reeve Foundation <http://www.christopherreeve.org>

Disaboom Network [www.disaboom.com](http://www.disaboom.com)

Ebooks from Shepherd Center (free) <http://www.shepherd.org/resources/ebooks>

Florida Spinal Cord Injury Resource Center (FSCIRC). [www.fscirc.com](http://www.fscirc.com) 866-313-2940. This is the statewide clearing house of SCI resource information. Services offered include peer mentoring, information and education. They offer a monthly newsletter.

MedlinePlus Spinal Cord Injury <http://www.nlm.nih.gov/medlineplus/spinalcordinjuries.html>

Miami Project to Cure Paralysis <http://www.miamiproject.miami.edu/> 800-782-6387

National Spinal Cord Injury Association <http://www.spinalcord.org/> 800-962-9629

Online Courses on Spinal Cord Injury <http://www.sci-u.ca/>

Pressure Ulcers Webinar [http://sci.washington.edu/info/forums/reports/pressure\\_ulcers\\_2012.asp](http://sci.washington.edu/info/forums/reports/pressure_ulcers_2012.asp)

Pushrim-Life after Spinal Cord Injury <http://www.pushrim.com/>

Spinal Cord Injury Information Network <http://www.uab.edu/medicine/sci/>

Spinal Cord Injury Information Pages [www.sci-info-pages.com](http://www.sci-info-pages.com)

Spinal Cord Injury Model Systems

Program [http://sci.washington.edu/about\\_us/model\\_systems.asp](http://sci.washington.edu/about_us/model_systems.asp)

**Support Groups**

Tampa Area SCI Education & Support Group, Tampa General Rehabilitation Center, 6 Tampa General Circle, Tampa, FL 33606. 866-313-2940. Second Wednesday of each month at 4:30 pm  
Online Florida support group for persons with quadriplegia. Contact Ryan Gebauer at 954-603-7926 [rmgebauer@gmail.com](mailto:rmgebauer@gmail.com)

United Spinal Association. [www.unitedspinal.org](http://www.unitedspinal.org) 800-404-2898

*See also Medicaid Waiver Programs and Personal Attendant (under Disability A-Z)*

**SPORTS AND RECREATION** *See also City of Tampa Parks and Recreation*

Accessible Trails <http://www.americantrails.org/resources/accessible/UTAPpasso05.html>

Achievers of America [www.achieversofamerica.org](http://www.achieversofamerica.org)

Adaptive Equipment

[http://carne.pnmi.com/fdoa\\_org\\_v2/Database/RRD/index.cfm?page=publicView.cfm](http://carne.pnmi.com/fdoa_org_v2/Database/RRD/index.cfm?page=publicView.cfm)

**Beach Wheelchairs**

<http://www.floridastateparks.org/accessforall/accessiblefacilities.cfm#beachwheelchairs>

<http://www.mobility-advisor.com/beach-all-terrain-wheelchair.html>

<http://www.floatingbeachwheelchairs.com/>

Billiards National Wheelchair Poolplayer Association 719-266-4082 [www.nwpainc.org](http://www.nwpainc.org)

BlazeSports America [www.blazesports.org](http://www.blazesports.org) Andy Chasanoff [dsportshcprd@aim.com](mailto:dsportshcprd@aim.com) 813-892-0053

Bowling American Wheelchair Bowling Association Wayne Webber 727-738-1342

<http://www.awba.org/about-us.shtml>

Challenged Athletes [www.challengedathletes.org](http://www.challengedathletes.org)

Desoto Park Accessibility <http://www.nps.gov/deso/planyourvisit/accessibility.htm>

Fishing <http://myfwc.com/license/accessibility/ada-for-anglers/>

Florida Disabled Outdoor Association. <http://www.fdoa.org/> 850-201-2944. They have a recreation database of programs and resources that can be searched by county and activity.

Florida State Parks <http://www.floridastateparks.org/accessforall/accessiblefacilities.cfm>

**Golf**

Adaptive Golf at Terrance Hill Golf Club, 7740 Temple Terrace Hwy., Temple Terrace, FL 33637 Jennifer Day 813-972-2000 ext 3946 [jennifer.day2@va.gov](mailto:jennifer.day2@va.gov) Clinics are Fridays 9 am to noon. Adaptive carts are available for rental and use at all times.

[http://www.adaptivegolfacademy.com/Tampa\\_Adaptive\\_Golf.html](http://www.adaptivegolfacademy.com/Tampa_Adaptive_Golf.html)

The Claw at USF 13801 N. 49<sup>th</sup> St., Tampa, FL, 813-632-6893

Resource Center [www.resourcecenter.usga.org](http://www.resourcecenter.usga.org) 719-471-4810 x15

Rocky Point Golf Course 4151 Dana Shores Dr., Tampa, FL. 813-673-4316

Rogers Golf Course 7910 N. 30th St., Tampa, FL. 813-356-1670

**Handcycling** [www.ushandcycling.org](http://www.ushandcycling.org) 720-239-1360

## **SPORTS AND RECREATION (Continued)**

Hillsborough County All People's Life Center. 6105 E. Sligh Ave., Tampa, FL 33610. 813-744-5978. <http://hillsboroughcounty.org/Facilities.aspx?Page=detail&RID=487>

### **Hunting**

Mobility Impaired Hunting Program <http://www.fdoa.org/programs/allout>  
Hunting License <http://myfwc.com/license/accessibility/ada-for-hunters/>

National Center on Accessibility (Recreation) <http://www.ncaonline.org/>

National Center on Health, Physical Activity and Disability <http://www.ncpad.org/>  
800-900-8086 [email@nchpad.org](mailto:email@nchpad.org)

National Outdoor Recreation <http://www.ncaonline.org/>

Paralympic Sport <http://hillsboroughcounty.org/index.aspx?NID=741>

Life Rolls On. 310-807-5488. Adaptive surfing, skating and snowboarding programs  
<http://www.liferollson.org/site/c.9rJLK3MLJfLWH/b.7535757/k.BF1C/Home.htm>

### **Riding**

Bakas Equestrian Center 813-264-3890

<http://hillsboroughcounty.org/Facilities.aspx?Page=detail&RID=266>

Tianvica Riding Academy, Inc. 863-581-7861, Lakeland, FL, [www.Tianvica.org](http://www.Tianvica.org)

### **Rowing**

Tampa Florida Adaptive Rowing The Stewards Foundation, Denny Antram 813-205-4013  
[DAdivot@aol.com](mailto:DAdivot@aol.com)

For disabled veterans: [Jennifer.Day2@va.gov](mailto:Jennifer.Day2@va.gov) 813-610-6949

Quad Rugby Tampa Generals, Justin Stark 813-844-4286. [tampagenerals@aol.com](mailto:tampagenerals@aol.com)

Sailing Sailability PO Box 5201, Clearwater, FL 727-327-0137 [www.sailability.org](http://www.sailability.org)

### **Scuba Diving.**

Diveheart 630-964-1983 [www.diveheart.com](http://www.diveheart.com)

Handicapped SCUBA Association 949-498-4540 [www.hsascuba.com](http://www.hsascuba.com)

International Association of Handicapped Divers <http://www.iahd.org/>

Our Ocean Dreams, Clearwater, FL. 727-578-3095

Sled Hockey Sponsored by Tampa Bay Lightning., 401 Channelside Dr., Tampa, FL 33602.  
Mike Celona 813-301-6822 [mscelona@verizon.net](mailto:mscelona@verizon.net)

## **SPORTS AND RECREATION (Continued)**

### **Soccer (Power)**

Power Soccer Tampa 7853 Gunn Hwy., Suite 340, Tampa, FL 33626 Debbie Gorman  
941-962-6838 [deborah.gorman@verizon.net](mailto:deborah.gorman@verizon.net) <http://www.powersoccertampa.net>  
Tampa Bay Crossfire 6105 E. Sligh Ave., Tampa, FL [www.tampabaycrossfire.net](http://www.tampabaycrossfire.net)  
Elio Navarro 813-842-6522 [elio@exablesportsfoundation.org](mailto:elio@exablesportsfoundation.org)

### **Softball**

Idlewild Baptist Church Champions Saturdays 9:30-10:30 am. [specialneeds@idlewild.org](mailto:specialneeds@idlewild.org) 264-8773  
Rays Wheelchair Softball Coach Shayne Wilkerson [www.rayswheelchairsoftball.com](http://www.rayswheelchairsoftball.com) 813-928-8288 Rowlett Field in Tampa

Special Olympics <http://www.hillsboroughcounty.org/index.aspx?NID=741>

Sunshine Rollers Club (Wheelchair Sports Advocacy) 813-930-6093

### **Tennis**

Tennis for Fun Anthony Guagliardo 813-802-9672 <http://www.tennisforfun.org/tampa.html>  
Hillsborough Community College Tennis Courts, 3901 W. Tampa Bay Boulevard, Tampa, FL every Friday during the months of August through April  
Wheelchair Tennis <http://www.itftennis.com/wheelchair/home.aspx>  
[http://www.florida.usta.com/CommunityTennis/wheelchair\\_tennis/](http://www.florida.usta.com/CommunityTennis/wheelchair_tennis/) Wheelchair Sports of Tampa Bay. 813-323-2569. Andy Chasanoff 813-744-5307.

The Abilities Performing Arts Center. [www.tpackkids.com](http://www.tpackkids.com) 813-344-0960. 225 W. Busch Blvd., Ste 102, Tampa, FL 33612. Christian faith-based entity that provides physical therapy services and extracurricular activities for children and adults with disabilities. Classes include Thera-Dance, Wheelchair Dance, Religious Dance, Tae-Kwon-Do, Cheerleading, Hi-Hop, Jazz, Ballet, Arts and Crafts, Music, Theater.

Water Skiing UCanSki2. Ann Ocrine-Setterfield 863-967-2575. <http://www.ucanski2.com/>

### **Wheelchair Basketball**

Slam Dunk Adaptive Basketball. Van Dyke Church. 17030 Lakeshore Rd., Lutz, FL 33558 813-968-3983 x 156. [www.vandyke.org](http://www.vandyke.org) Janet Atkinson Coordinator [jatkinson@vandyke.org](mailto:jatkinson@vandyke.org) Ages 10 to adult. Open to all. Also have arts and crafts, games, Wii and Xbox. Sunday 2:30-4:00 pm  
Tampa Bay Strong Dogs Wheelchair Basketball Team 6105 E. Sligh Ave., Tampa, FL  
<http://tampabaystrongdogs.blogspot.com/> Wayne Bozeman 813-892-0065  
[bozemanc@hillsboroughcounty.org](mailto:bozemanc@hillsboroughcounty.org)  
National Wheelchair Basketball Association [www.nwba.org](http://www.nwba.org) 719-266-4082

Wheelchair Sports Activities <http://www.mobility-advisor.com/wheelchair-sports-activities.html>

Wheelchair Sports of USA of Florida, Inc 813-347-6218 or 727-347-6218

## **SPORTS AND RECREATION (Continued)**

YMCA Adaptive Programs Kass Pilczuk 813-866-9622 [kpilczuk@tampaymca.org](mailto:kpilczuk@tampaymca.org)  
[http://www.tampaymca.org/index.php?option=com\\_content&view=article&id=629&Itemid=780](http://www.tampaymca.org/index.php?option=com_content&view=article&id=629&Itemid=780)

Yoga. Adaptive Yoga for people with a mild to moderate disability. 813-831-1598. 2906 W. Price Ave., Tampa, FL 33611 [www.GardensofYoga.com](http://www.GardensofYoga.com) [barbnewborn@yahoo.com](mailto:barbnewborn@yahoo.com)

## CITY OF TAMPA PARKS AND RECREATION

[http://www.tampagov.net/dept\\_parks\\_and\\_recreation/information\\_resources/Accessible\\_facilities.asp](http://www.tampagov.net/dept_parks_and_recreation/information_resources/Accessible_facilities.asp)

Facility Name	Accessible Facilities (buildings, ramps, lifts, elevators, etc)
22nd Street Park 7801 N. 22nd St. 33610	ball field
AIDS Memorial Park 102 W. Hyde Park Place 33606	park
Al Lopez Park 4810 N. Himes Ave. 33614	parking, shelters, community center, fishing pier, dog park, playground, trail, restrooms
Alfred Barnes Jr. Park 2902 N. 32nd St. 33605	park trail, playground, squash courts
American Legion Park 106 E. Sligh Ave. 33604	playground, ball field, restrooms
Anderson Park 821 S. Rome Ave. 33606	building, playground in fall 2012, restrooms
Ballast Point Park 5300 Interbay Blvd. 33611	playground, shelters, parking, pier, restrooms
Bayshore Boulevard. Linear Park 312 Bayshore Blvd. 33629	sidewalk
Ben T. Davis Beach 7740 W. Courtney Campbell Causeway 33607	parking, shower station
Benito Recreation Center 10065 Cross Creek Blvd. 33647	building
Bern's Park 1400 S. Howard Avenue 33606	park, walkways
Bobby Hicks Park Pool 4201 W. Mango Ave. 33616	pool, parking
Borrell Park 808 E. 26th Ave. 33603	park and playground (restrooms are closed)
Calvin R Taylor Art Studio 611 W. Indiana Ave. 33603	parking, community center
Calvin R Taylor Park/Ken Suarez Field 611 W. Indiana Ave. 33603	parking
Capaz Park/Lou Pinella Field 2700 W. Aileen St. 33607	parking, shelters, multi-purpose courts
Centennial Park 1800 E.8th Ave. 33605	park, market and art buildings, restrooms, stage are accessible
Clifton 'Cal' Dickson Tennis Courts 4011 W. Watrous Ave. 33629	courts
Columbus Statue Park 300 Bayshore Blvd. 33606	walkways
Copeland Park 11001 N. 15th St. 33612	pool, deck, parking, sidewalks, sports courts, restrooms, trails, gym
Cordelia B Hunt Community Center 4602 N. Himes Ave. 33614	parking, restrooms, community center
Cotanchobee Ft. Brooke Park 601 Old Water Street 33602	park trail, playgrounds, int. fountain, restrooms
Curtis Hixon Waterfront Park 600 N. Ashley Dr. 33602	restrooms, sidewalk, riverwalk, playground, dog park

**CITY OF TAMPA PARKS AND RECREATION (Continued)**

Cuscaden Park 2900 N. 15th St. 33605	pool, pool building, park walks, playground, restrooms
Cypress Point Park & Beach 5620 W. Cypress St. 33607	parking, sidewalk, restrooms
Cyrus Green Park and Community Center 2101 E. Dr. Martin Luther King Jr. Blvd. 33610	pool, splash pad, changing rooms, building, restrooms, park walks, parking lot, bleachers, playground
Daniel Del Rio Pool 10105 North Boulevard 33612	pool and deck
David Barksdale Active Adult Center 1801 N. Lincoln Ave 33606	parking, community center
Davis Islands Park 155 Columbia Dr. 33606	walkways
Davis Islands Seaplane Basin Park 864 Severn Ave. 33606	trail, parking
De Soto Park and Community Center 2617 Corrine St. 33605	building, restrooms, walks, fitness trail, parking lot, bleachers, playgrounds, courts
DeSoto Skate Park 2617 Corrine St. 33605	accessible
Dr. Martin Luther King Jr. Art Studio 2200 N. Oregon Ave. 33607	parking, restrooms, sidewalk, community center
Dr. Martin Luther King Jr. Recreation Complex 2200 N. Oregon Ave. 33607	pool, parking, restrooms, sidewalk, community center
Duran Park 1298 W. Coral St. 33602	sidewalks, picnic shelter
East Ybor Park 2202 N. 26th St. 33605	walk, playground, shelter
Eddie Lopez Field 7801 N. 22nd St. 33610	field
Epps Park Intersection of W. Fern St & N. Otis Ave. 33604	trails
Fair Oaks Park and Community Center 5019 N. 34th St. 33610	building, walks, shelters, playground, restrooms
Fernando Mesa Park 2105 N. Morgan St. 33602	walk, shelter, playground
Forest Hills Park and Community Center 724 W. 109th Ave. 33612	building, restrooms, tennis, racquetball, basketball, sports courts, ball field
Foster Park 4700 S. Clark Ave. 33612	playground, shelter
Fremont Linear Park N. Rome Ave & W. Pine St. 33607	sidewalk
George Bartholomew Center 8608 N. 12th St. 33604	building
Giddens Park 5202 N. 12th St. 33603	paths, restrooms
Grant Park and Community Center 3724 N. 54th St. 33619	building, restrooms, walks, playground, fitness court, shelter, bleachers
Greco Softball Complex 11000 N. 50th St. 33617	restrooms, fields, walks
Henry & Ola Park 502 W. Henry Ave. 33604	restrooms, fields
Highland Pines Park and Community Center 4505 E. 21st Ave. 33605	walks, playground, shelter, fitness trail, multipurpose & squash courts, bldg, restrooms

**CITY OF TAMPA PARKS AND RECREATION (Continued)**

Hyde Park 702 S. Albany Ave. 33606	Courts
Hyde Park Art Studio 702 S. Albany Ave. 33606	parking, partial building
Interbay Pool 4321 W. Estrella St. 33629	pool, parking
Joe Abrahams Fitness/Wellness 5212 Interbay Blvd. 33611	parking, building
Jose Marti Park 1303 E. 8th Ave. 33605	walks
Joseph Frye Park Ashley Dr & Borein St. 33602	sidewalk
Julian B Lane Riverfront Park 1001 North Boulevard 33607	parking, sidewalk, multi-purpose courts, trail, playground
Kate Jackson Community Center 821 S. Rome Ave. 33606	bldg, walkways, playground
Kiley Gardens 400 N. Ashley Dr. 33602	sidewalks
Kwane Doster Community Center 7506 S. Morton St. 33616	parking
Lincoln Gardens Park/Cedric J Mills Field 4020 W. Palmetto St. 33607	parking, restrooms, sidewalk
Loretta Ingraham Recreation Complex 1615 N. Hubert Ave. 33607	pool, parking, restrooms, community center
Lowry Park (park itself) 7525 North Boulevard 33604	trails, restrooms, shelters, playground
Lykes Gaslight Square Park 410 N. Franklin St. 33602	sidewalk
MacDill on the Riverwalk 100 N. Ashley Dr. 33602	riverwalk, sidewalk
Macfarlane Park 1700 N. MacDill Ave. 33607	playground, parking, restrooms, shelters, trail
Marcellino Huerta Jr. Friendship Park 4124 W. Bay to Bay Blvd. 33629	building, playground, restrooms
Marjorie Park Yacht Basin 115 Columbia Dr. 33606	parking, building, docks, restrooms, walkways
McDugald Park 1211 E. Sligh Ave. 33604	restrooms, fields
McKay Bay Bike Trail E. 513 S. 50th St. 33619	trail
McKay Bay Nature Park 134 N. 34th St. 33605	trail, observation tower
NFL YET Center at Jackson Heights 33610	building, restrooms, walks, trail, playgrounds
New Tampa Community Park and Community Center 17302 Commerce Park Blvd. 33647	building, skate park, fields, restrooms
New Tampa Little League 18050 Kinnan St 33647	fields, restrooms
New Tampa Nature Park 175001 Dona Michelle Dr. 33647	trails
North Seminole Youth League 1211 E Sligh Ave. 33604	building, restrooms, fields
North Tampa Park 8608 N. 12th St. 33604	playground, ball field



**CITY OF TAMPA PARKS AND RECREATION (Continued)**

North Tampa Pony Baseball League 6800 N. Rome Ave. 33604	fields, restrooms, playground
Oak Park and Community Center 5300 E. 14th Ave. 33609	walks, playgrounds, shelter, restrooms, building
Palma Ceia Lions Park 4525 W. Pearl Ave. 33611	playground, shelter
Palma Ceia Park 2200 S. Marti St. 33629	building, playground, dog park, restrooms
Park Circle Park 1402 E. Park Circle 33604	walks
Patterson St. Park 1018 E. Patterson St. 33604	playground, walks
Perry Harvey Park 900 E. Scott St. 33602	walks, shelters, courts
Phil Bouguardez Park 1810 N. Tampa St. 33602	sidewalk
Picnic Island Park & Beach 7409 Picnic Island Blvd. 33616	shelters, parking, restrooms, pier
Plant Park 201 W. Kennedy Blvd. 33606	parking, sidewalks
Port Tampa Park Community Center 4702 W. McCoy St. 33616	building, courts, parking
Ragan Park & Community Center 1200 E. Lake Ave. 33605	walks, trail, parking lot, building, restrooms
River Tower Park 401 E. Bird St. 33604	pier
Rivercrest Park 4802 N. River Blvd. 33603	parking, trail, shelters, playground
Riverview Terrace 7701 N. Florida Ave. 33604	Sidewalks, playground, sorts courts, bathrooms
Robert Gardner Park 2301 N. Highland Avenue 33602	playground
Robles Park 3305 N. Avon Ave. 33603	community center, playground
Rocky Point Golf Course 4151 Dana Shores Dr. 33634	golf course
Rogers Gulf Course 7910 N. 30th St. 33610	golf course
Rome & Sligh Park 6800 N. Rome Ave. 33604	fields, playground, restrooms
Rowlett Park 2501 River Hills Drive 33604	playground, restrooms, trails
Roy Jenkins Pool 154 Columbia Dr. 33606 (pool closed)	walkways
Sandra W Freeman Tennis Complex 59 Columbia Dr. 33606	parking, courts, building
Seminole Heights Garden Center 5800 N. Central Ave. 33604	building, walks
Skyview Park 6203 S. Martindale Ave. 33611	parking, walkways, shelters, playground
Snow Park W. Kennedy & W. Grand Central Ave. 33602	sidewalk
SW Port Tampa Park 7506 S. Morton St. 33616	shelters, parking, courts
Spanish American War Memorial Park 4752 W. Prescott St. 33616	walkways, shelter, playground
Spicola Family Pool 2615 Corrine St. 33605	walk, pool, restrooms

**CITY OF TAMPA PARKS AND RECREATION (Continued)**

Springhill Community Center 1000 E. Eskimo Avenue 33604	building, parking, playground, splash pad, field
Sulphur Springs Park 701 E. Bird St. 33604	pool, deck, trails, restrooms, shelters, playground
Tampa General Hospital Park (adjacent to TGH parking lot) 33606	walkways
Tampa Park Plaza 1314 Scott St. 33605	walks, playgrounds, shelter
Tampa Riverwalk Park Beneficial Dr. & Platt St. 33602	walkways
Temple Crest Park Center 8116 N. 37th St. 33604	building, playground, restrooms, trails
Tony Janus Park 200 Bayshore Blvd. 33606	walkways
USF Park 233 S. Ashley Drive 33602	sidewalk
Wayne C Papy Seminole Heights Athletic Center 6925 N. Florida Ave. 33604	building
Wellswood Little League 4901 N. Howard Avenue 33603	parking, sidewalk, community center
Williams Park 4362 E. Osborne Ave. 33610	pool building, pool (closed-in repair), walks, picnic shelters, playgrounds
Woodland Terrace Park and Community Center 6410 N. 32nd St. 33610	building, restrooms, walks, courts, playground, fitness trail
Ybor Art Studio 2702 E. 7th Ave 33605	building, restroom

## VETERANS

Adapted Sports Program (James A. Haley VA Hospital) This program offers adaptive sports and recreation programs, camps, and clinics in a wide variety of sports. Jennifer Day. 813-972-2000 ext. 3946 <http://www.tampa.va.gov/services/pmrs-asf.asp> [vhatamadaptivesports@va.gov](mailto:vhatamadaptivesports@va.gov)

Adaptive Clothing Allowance <http://www.prosthetics.va.gov/Clothing-Allowance.asp>

Adaptive Clothing for Veterans (free) <http://www.sewmuchcomfort.org/>

American Veterans Alliance <http://www.wesupportvets.org/programs.html>

### Blind

Blind Services <http://www.va.gov/blindrehab/>

Blinded Veterans Association <http://www.bvafrg.org/> 800-669-7079

Visual Impairment Services Coordinator, James A. Haley VA Hospital 813-972-7674

**Dental Services.** Bay Pines Veterans Administration Dental Clinic. 10000 Bay Pines Blvd., Bay Pines, FL 33710. 727-398-6661. Serves veterans with 100% service connected disability or prisoners of war. General dental services including oral surgery.

### Disabled Veterans Groups

Disabled American Veterans <http://www.davmembersportal.org/chapters/fl/04/default.aspx>

2612 N. Tampa St., Tampa, FL 727-319-7444

Disabled Veterans National Foundation <http://www.dvnf.org/>

Florida Gulf Coast Paralyzed Veterans Association <http://fgcpva.comuf.com/> 15435 N. Florida Ave., Tampa, FL 33613, 813-264-1111

### Emergency Relief | National Resource Directory

[https://www.nrd.gov/family\\_and\\_caregiver\\_support/financial\\_information\\_and\\_assistance/emergency\\_relief](https://www.nrd.gov/family_and_caregiver_support/financial_information_and_assistance/emergency_relief) Search for services and funding resources available to military families in need of emergency financial assistance. This site provides wounded, ill and injured Service Members, Veterans, their families, and those who support them with a Web-based directory of valuable resources.

### Employment

Affirmative Action Program for Disabled Veterans

<http://www.fedshirevets.gov/hire/hrp/dvaap/index.aspx>

Employment of Veterans with Disabilities <http://adasoutheast.org/news/articles.php?id=6285>

Employment Rights for Veterans with Disabilities under the ADA

[http://adasoutheast.org/publications/ada/Employment\\_Rights\\_Under\\_ADA\\_Vets.pdf](http://adasoutheast.org/publications/ada/Employment_Rights_Under_ADA_Vets.pdf)

Know Your Employment Rights Under the ADA: A Guide for Veterans

Military-Civilian. 310-455-2002. [Lucy@military-civilian.com](mailto:Lucy@military-civilian.com) [www.military-civilian.com](http://www.military-civilian.com)

[http://adasoutheast.org/publications/ada/Employment\\_Rights\\_Under\\_ADA\\_Vets.pdf](http://adasoutheast.org/publications/ada/Employment_Rights_Under_ADA_Vets.pdf)

The Uniformed Services Employment and Reemployment Rights Act (USERRA)

<http://www.dol.gov/compliance/laws/comp-userra.htm>

Veterans Employment and Training Service (VETS) [www.dol.gov/vets](http://www.dol.gov/vets)

## **VETERANS (Continued)**

VetGuide from the U.S. Office of Personnel Management (OPM)

[www.opm.gov/staffingportal/vetguide.asp](http://www.opm.gov/staffingportal/vetguide.asp)

Veterans Reemployment Portal <http://www.careeronestop.org/ReEmployment/Veterans/>

Vocational Rehabilitation Services <http://www.vba.va.gov/bln/vre/>

Women Veterans Employment <http://www.dol.gov/vets/womenveterans/>

Florida Department of Veterans Affairs <http://floridavets.org/>

Hillsborough County Veteran Service Office 813-274-6600 or 813-246-3170

[stromf@hillsboroughcounty.org](mailto:stromf@hillsboroughcounty.org)

<http://floridavets.org/wp-content/uploads/2012/09/CVSO-Listing-July-2012.pdf>

### **Housing**

Abilities Foundation (Home renovations for disabled veterans). Frank De Lucia. 727-538-7370, Ext. 345 or [fdelucia@abilities.org](mailto:fdelucia@abilities.org)

Athena House transitional housing for homeless female veterans 813-238-8557 x500

<http://www.tampacrossroads.com/programs&services/veterans/athenahouse/index.html>

Homeless Veterans Call Center <http://www.va.gov/HOMELESS/NationalCallCenter.asp>

877-424-3838

The HomeStrong's Heroes Program. <http://homestrongusa.org/housing-programs/homes-for-heroes/> 877-647-8764. An affordable home ownership program for veterans and active military service and their families with a focus on those who are now suffering from physical disabilities due to injury, mental disabilities or both.

Liberty Manor. Low cost housing for male veterans. 10015 N. 9<sup>th</sup> St., Tampa. FL 813-900-9422

[Vets@LibertyManor.org](mailto:Vets@LibertyManor.org) <http://www.libertymanor.org>

Tampa Crossroads Veterans Assistance Center. For those homeless or at risk at becoming homeless. Employment, housing, and supportive services. 4203 N. Nebraska Ave., Tampa, FL 33603. 813-238-8557 x300. [mgalbraith@tampacrossroads.com](mailto:mgalbraith@tampacrossroads.com)

<http://www.tampacrossroads.com/programs&services/veterans/employment/index.html>

United Veterans Assistance Services, Inc. 727-940-9700 <http://www.uvets.org/>

[Aletha@uvets.org](mailto:Aletha@uvets.org) Work with contractors, trades, and other professionals to provide Home Repair, Auto Repair, Furnishings and Fixtures, and other services, at no cost to veterans.

VA Grants for Accessible Homes. St. Petersburg Regional Loan Center. Monica Collins, VA Regional Office P.O. Box 1437, St. Petersburg, FL 33731, 727-319-7501

Institute for Veterans and Military Families <http://vets.syr.edu/> 315-443-0141

James A. Haley Veterans Hospital <http://www.tampa.va.gov/>

K9s for Veterans (service dogs) <http://www.k9sforveterans.org/home/> 813-503-8861

Military Disability Made Easy [www.MilitaryDisabilityMadeEasy.com](http://www.MilitaryDisabilityMadeEasy.com) Comprehensive guide to disability benefits for veterans.

## **VETERANS (Continued)**

National Resource Directory <https://www.nrd.gov/>

National Veteran Crisis Hotline at 1-800-273-8255 (open 24/7)

Operation Helping Hand (active duty injured and wounded)

<http://www.operationhelpinghandtampa.com/>

### **Property Tax Exemptions for Veterans with Disabilities**

<http://dor.myflorida.com/dor/property/taxpayers/exemptions.html>

Disabled veterans living in Hillsborough County, FL, are eligible to receive Disabled Veteran Combat Duty Grants of \$1500. These grants are used for the reduction of property taxes, and can be renewed for up to five years. Veterans with at least 45 days in combat zones after December 2006 qualify. Veteran Affairs Office 10119 Windhorst Road Tampa, FL 33619, 813-975-2181

Psychosocial Rehabilitation and Recovery Center (PRRC). Tampa VA 813-228-2761. Services to veterans with severe mood disorders, major depression, bipolar disorder, severe PTSD, psychotic disorder, schizophrenia, and schizoaffective disorder.

Scholarships for Children and Spouses of Deceased or Disabled Veterans, Florida Department of Education, Office of Student Financial Assistance, State Scholarship and Grant Programs 325 W. Gaines Street, Suite 1314, Tallahassee, FL 32399-0400, 888-827-2004

Service-Disabled Veteran-Owned Small Businesses [www.osd.dms.state.fl.us](http://www.osd.dms.state.fl.us)

TAMCO Foundation Provides assistance for veterans with a greater than 20% disability. They provide some financial assistance, help with obtaining a job, and family outings. 813-472-1574 One Urban Centre, 4830 West Kennedy Blvd., Suite 250, Tampa, FL 33609

<http://www.tamcofoundation.org/>

VA Caregiver Support <http://www.caregiver.va.gov/> 855-260-3274

VA Patient Care Services <http://www.patientcare.va.gov/index.asp>

VA Resources [http://www.caregiver.va.gov/resources\\_landing.asp](http://www.caregiver.va.gov/resources_landing.asp)

The Vietnam Era Veterans' Readjustment Assistance Act (VEVRAA)

<http://www.dol.gov/compliance/laws/comp-vevraa.htm>

Voting <http://www2.itif.org/2012-making-voting-accessible-vets-disabilities.pdf>

## **VETERANS (Continued)**

Wounded Warrior Resource Center (WWRC) | U.S. Department of Defense

<http://www.woundedwarriorresourcecenter.com/> Provides wounded Service Members, their families, and caregivers with information they need on military facilities, health care services, and benefits. Trained specialists are available 24 hours a day, 7 days a week by phone at 1-800-342-9647 or by e-mail at [wwrc@militaryonesource.com](mailto:wwrc@militaryonesource.com)

## **DISABILITY RESOURCES A-Z**

**Abuse Hotline** Telephone: 1-800-962-2873 TDD (Telephone Device for the Deaf): 1-800-453-5145. <http://www.myflfamilies.com/service-programs/abuse-hotline>

**Accessibility** Federal Accessibility Guidelines and Standards: United States Access Board. <http://www.access-board.gov/guidelines-and-standards>

### **Adaptive Clothing**

<http://www.disability-resource.com/adaptive-clothing/index.php>

<http://www.familyvillage.wisc.edu/at/adaptive-clothing.html>

National Odd Shoe Exchange <http://www.angelfire.com/in2/oddshoes/>

[http://www.wheelchairlife.net/Clothing\\_Clothes\\_and\\_Shoes\\_For\\_People\\_In\\_Wheelchairs.html](http://www.wheelchairlife.net/Clothing_Clothes_and_Shoes_For_People_In_Wheelchairs.html)

### **Advocacy** *See also Support Groups*

Disability Rights Florida 800-342-0823, TDD 800-346-4127

[http://www.disabilityrightsflorida.org/our\\_work/programs\\_funding](http://www.disabilityrightsflorida.org/our_work/programs_funding)

Florida Self-Advocacy Alliance. 352-220-7771. [flselfadvocacyalliance@gmail.com](mailto:flselfadvocacyalliance@gmail.com)

Grassroots 813-375-3965. Held last Friday of month from 12:00 pm to 2 pm at Self-Reliance, 8901 N. Armenia Ave., Tampa, FL 33604 813-375-3965 or [swilson@self-reliance.org](mailto:swilson@self-reliance.org)

S.T.E.P. Self Reliance Training and Education Program addresses issues of concern including transportation, housing, ADA, income, jobs, and other issue areas identified by consumers.

TASH <http://tash.org/> 202-540-9020 [info@tash.org](mailto:info@tash.org)

Yes! Of America United, Inc. <http://yesunited.org/>

### **Aging**

Aging with a Disability Website <http://agerrtc.washington.edu/>

Agency on Aging Database <http://www.refersoftware.com/floridaaging/Search.aspx?psa06>

### **AIDS**

AIDS Community Project of Tampa Bay 727-446-5798

Florida Department of Health HIV/AIDS and Hepatitis Program 850-245-4300

[http://www.doh.state.fl.us/disease\\_ctrl/aids/index.html](http://www.doh.state.fl.us/disease_ctrl/aids/index.html)

HIV Clinical Research. 813-307-8067. [hchdresearchunit@doh.state.fl.us](mailto:hchdresearchunit@doh.state.fl.us)

[www.FLHIVresearch.com](http://www.FLHIVresearch.com).

HIV/AIDS Pharmacy 813-307-8072.

HIV/AIDS Specialty Care Clinic. 813-307-8064. Clinical services, health education, risk reduction interventions, disease surveillance, technical assistance.

West Central Florida Ryan White Care Council <http://www.thecarecouncil.org/> Audrey D. Arnold, Ryan White Program Manager 813-272-6935 [arnolda@hillsboroughcounty.org](mailto:arnolda@hillsboroughcounty.org)

**Alzheimer's** [www.alz.org/flgulfcoast](http://www.alz.org/flgulfcoast) 800-272-3900

### **Amyotrophic Lateral Sclerosis** (Lou Gehrig Disease)

ALS Association Florida Chapter 3242 Parkside Center Circle, Tampa, FL 33619-0907

[http://webfl.alsa.org/site/PageServer?pagename=FL\\_homepage](http://webfl.alsa.org/site/PageServer?pagename=FL_homepage) 888-257-1717.

## **DISABILITY RESOURCES A-Z (Continued)**

### **Amputees**

Amputee Peer Support Group <http://www.wcbl.com/patients-2/peer-support/>

Amputees Together of Florida Andrea Puckett 813-989-1818 [www.AmputeesTogether.org](http://www.AmputeesTogether.org)  
[andrea@AmputeesTogether.org](mailto:andrea@AmputeesTogether.org)

### **Aphasia**

Aphasia Hope Foundation <http://www.aphasiahope.org/>

National Aphasia Association 800-922-4622 [naa@aphasia.org](mailto:naa@aphasia.org) <http://www.aphasia.org/>  
350 Seventh Avenue, Suite 902 - New York, NY 10001

**Arthritis:** Arthritis Foundation, Florida Chapter <http://www.arthritis.org/florida/> 941-747-8303  
[info.fl@arthritis.org](mailto:info.fl@arthritis.org)

### **Arts**

Art Promote <http://www.artpromote.com/AR/disabled.shtml>

Creative Clay, Inc. Cultural Arts Center 1124 Central Avenue, St. Petersburg, FL 33705. Phone:  
727-825-0515. [www.creativeclay.org](http://www.creativeclay.org)

MacDonald Training Center and Art Gallery

<http://www.macdonaldcenter.org/subpage.asp?navid=1&id=61> 813-870-1300 TDD,

813- 873-7631 VP, 813-402-0383 or 1-866-948-6184, 5420 W. Cypress St, Tampa, FL

Pyramid Inc. Arts Program. 813-931-3986. 1508 W. Sligh Ave., Tampa, FL

Very Special Arts of Florida USF <http://www.vsaf.org> 813-974-0721, 4020 E. Fowler Ave.,  
USF EDU 105, Tampa, FL 33620 They also maintain an Arts for All Lending Program  
<http://www.vsaf.org/statewide-programs>. There are music classes held Thursdays, 4:15-5 PM  
ages 3-7 Thursdays, 5-6 PM, ages 13 and up at the USF Psychiatry Building 3515 E. Fletcher  
Ave, Tampa, FL 33613. Contact: Wendy Finklea, 813-974-0715 [wfinklea@usf.edu](mailto:wfinklea@usf.edu)

### **Benefits**

Find out what benefits you may be eligible for. <http://www.benefits.gov/>

Webinar on benefits for Florida residents <http://www.floridabenefits.org/>

### **Brain Injury** *See also Medicaid Waiver Programs*

Brain and Spinal Cord Injury Program <http://www.doh.state.fl.us/demo/BrainSC/index.html> 727-  
570-3427

Brain Injury Association of Florida <http://biaf.org/> <http://www.byyourside.org/>

By Your Side Resource Directory <http://www.byyourside.org/inform/resource-directory/>

Ebooks from Shepherd Center (free) <http://www.shepherd.org/resources/ebooks>

Perspectives on Brain Injury for the Caregiver (videos)

<http://www.byyourside.org/educate/family-and-caregivers/416.html>

**Breast and Cervical Cancer Screening.** 813-307-8015 ext. 3502. Income eligible, uninsured  
women ages 50-64.

**Burns** <http://www.tgh.org/burn.htm#q08>



## **DISABILITY RESOURCES A-Z (Continued)**

**Cellular Telephone (Free)** Florida residents may qualify for free cell telephones with limited minutes for persons who collect SSI, food stamps, Federal Public Housing Assistance / Section 8, Low Income Home Energy Assistance Program (LIHEAP), National School Lunch (free program only), Temporary Assistance for Needy Families (TANF), Medicaid, Bureau of Indian Affairs Programs (Tribal Temporary Assistance for Needy Families), Head Start Subsidy, or NSLP. You may also qualify on the basis of income if your total household income is at or below 150% of the Federal Poverty Guidelines (FPG). For more information and to apply, please go to [www.safelinkwireless.com](http://www.safelinkwireless.com) or to [www.assurancewireless.com](http://www.assurancewireless.com) One phone per household.

**Cerebral Palsy** United Cerebral Palsy of Tampa Bay [www.ucptampa.org](http://www.ucptampa.org) 2215 E. Henry Ave., Tampa, FL 33610, 813-239-1179

**Consumer Protection.** Hillsborough County Consumer Protection Agency. 813-903-3430. 1101 E. 139<sup>th</sup> Ave., Tampa, FL 33613. [www.hillsboroughcounty.org/consumerprotection](http://www.hillsboroughcounty.org/consumerprotection)

**Cpap** Free cpap clinic <http://www.tampabaysleepcenter.org/cpap.shtml>

**Computers** Free technology classes at the library  
<http://host7.evanced.info/hillsborough/evanced/eventcalendar.asp?ag=&et=Technology&df=calendar&cn=0&private=0&ln=ALL>

**Cystic Fibrosis** *See also Adult Cystic Fibrosis Program under Medicaid Waiver*  
Cystic Fibrosis Foundation <http://www.cff.org/Chapters/Tampa/>  
New Lung Associates <http://www.newlungassociates.com/>

### **Deaf-Blind**

American Association of the Deaf-Blind <http://www.aadb.org/>  
A-Z for Deaf blindness <http://www.deafblind.com/index.html>  
Florida Deaf Blind Association <http://fldeafblind.org/index.html>  
Florida Outreach Project for Children and Young Adults Who Are Deaf-Blind 352-273-7530  
<http://deafblind.ufl.edu/>  
Florida School for the Deaf and the Blind 800-344-3732 <http://www.fsdb.k12.fl.us/>  
National Consortium on Deaf-Blindness <http://www.nationaldb.org/>

### **Dental** *See Clinics*

Those persons enrolled in Medicaid Managed Medical Assistance plans do get some dental and optical services. Please check with your program for details.  
<http://www.flmedicaidmanagedcare.com/MMA/planinformation.aspx>

**Diabetes** American Diabetes Association <http://www.diabetes.org/in-my-community/local-offices/tampa-florida/> 813-885-5007  
Insulin 813-307-8071 No-cost insulin for uninsured Florida residents who meet income eligibility.

## **DISABILITY RESOURCES A-Z (Continued)**

**Dialysis Centers** <http://www.dialysiscenters.org/fl/tampa/>

**Disability Link and Resources for Gulf Coast**  
[www.abletrust.org/links/agency\\_listings\\_GC.shtml](http://www.abletrust.org/links/agency_listings_GC.shtml)

### **Disaster/Emergency Management**

Emergency Management Special Needs Registry. Keely Smith 813-307-8063

<http://www.floridadisaster.org/Disability/county/hillsborough.html>

Self Reliance emergency preparedness and planning. 813-375-3965 TTY 813-375-3972

### **Domestic Violence**

Centre for Women Sliding fee scale. 305 S. Hyde Park Ave., Tampa FL 33606. 813-251-8437  
M-Th 8:30-5:00; F 8:00-4:30; Evening appointments are available. Services: Provides substance abuse evaluation and outpatient treatment for women, supportive counseling, psycho-educational groups and classes, job placement assistance and employability skills training; home repair and weatherization for elderly home owners; and programs for pre-adolescent and adolescent girls. Each program strives to assist clients to achieve or maintain self-sufficiency.

The Spring. Free. P.O. Box 4772 Tampa, FL 33677. 813-247-7233. Open 24 hours, 7 days a week through the Hot Line. 24 hour hotline, crisis counseling, safe emergency shelter, after-hours/week-end and holiday filing of injunctions for protection, individual counseling, support groups for adults and children, education and employment readiness assistance, case management and referral to community resources, on-site licensed child care, K-12 Hillsborough County School, domestic violence legal assistance through Bay Area Legal Services

**Dwarfism** Little People of America. [www.lpa-cfl.com](http://www.lpa-cfl.com) 352-253-5276

**Dysautonomia.** *See Medicaid Waiver Programs under A-Z*

**Employment** *See also self-employment/small business under A-Z*

AARP Foundation Mature Worker Training Program. 813-962-4600. 11420 N. 56<sup>th</sup> St., Tampa, FL 33617 [sctampa@aol.com](mailto:sctampa@aol.com) [www.aarpfoundation.com](http://www.aarpfoundation.com) For residents of Hillsborough County 55 and older who are unemployed and meet income guidelines Offers paid training opportunities.

Florida Division of Vocational Rehabilitation / [www.RehabWorks.org](http://www.RehabWorks.org)

Tampa 1313 N. Tampa St., Suite 801, Tampa, FL 33602. Telephone: 813-233-3600

North Tampa 9215 N. Florida Ave., Suite 106, Tampa, FL 33612-7938. Telephone: 813-930-7494

East Tampa 9250 Bay Plaza Blvd., Suite 315, Tampa, FL 33619-4447. Telephone: 813-740-4700

The Job Accommodation Network (JAN) offers free consultation and webinars on employment and persons with disabilities. <http://askjan.org/training/library.htm> or call 800-526-7234

MacDonald Training Center- 5420 W. Cypress St., Tampa, FL 33607 Phone: 813-870-1300  
<http://www.macdonaldcenter.org/>

Online Toolkit for Job Placement <http://tacesoutheast.org/myportal/toolkit/index.php>

## **DISABILITY RESOURCES A-Z (Continued)**

The Diversity Initiative, Inc. [www.tdiworks.org](http://www.tdiworks.org) 7 locations including 1000 Ashley Dr., Ste. 805, Tampa, FL 813-443-0727. This is a program funded by DVR to obtain jobs for persons with disabilities. [Michael.Levy@tdiworks.org](mailto:Michael.Levy@tdiworks.org) or [Vanessa.Rodriguez@tdiworks.org](mailto:Vanessa.Rodriguez@tdiworks.org)  
TampaBay-Job-Links <http://www.tampa-job-links.org/dotnetnuke/> [job-links@tampabay-job-links.org](mailto:job-links@tampabay-job-links.org) 813-344-0200. Free placement assistance for dislocated workers and recent college graduates.

Ticket to Work (for those on SSDI or SSI) 866-968-7842

United Cerebral Palsy. <http://achievetampabay.org/ProgramServices/Adultservices.aspx>  
813-239-1179, ext 101

Workers' Compensation Reemployment Services. <http://www.myfloridacfo.com/WC>  
800-342-1741, option 4. [w cres@myfloridacfo.com](mailto:w cres@myfloridacfo.com)

Workplace Flexibility Toolkit <http://www.dol.gov/odep/workplaceflexibility/>

**Emergency Management** (see Disaster)

**Environmental Sensitivity** Environmental Health Network <http://ehnca.org/>

**Epilepsy:** Epilepsy Services Foundation <http://epilepsysf.org/>

Florida Epilepsy Services <http://www.epilepsyservices.com/> 3811 W. Sligh Ave., Tampa, FL 33614-3901. 813-870-3414. [fes@epilepsyservices.com](mailto:fes@epilepsyservices.com)

**Etiquette** <http://www.unitedspinal.org/pdf/DisabilityEtiquette.pdf>

**Eyeglasses** Those persons enrolled in Medicaid Managed Medical Assistance plans do get some optical and dental services. Please check with your program for details. <http://www.flmedicaidmanagedcare.com/MMA/planinformation.aspx>

**Fibromyalgia** Tampa Bay Fibro Friends <http://www.meetup.com/TampaFibroFriends/>

**Florida Accessibility Standards**

<http://www.floridasectionite.org/TIPS/TIPS%2022%20Rev%202003.pdf>

[http://publicecodes.cyberregs.com/st/fl/st/b200v07/st\\_fl\\_st\\_b200v07\\_11\\_sec001.htm](http://publicecodes.cyberregs.com/st/fl/st/b200v07/st_fl_st_b200v07_11_sec001.htm)

**Florida Hospital Charity Assistance** <http://www.floridahospital.com/patient-resources/billing/financial-assistance>

**Food Assistance (Private Sector)**

Abe Brown Ministries [www.abebrown.org](http://www.abebrown.org) 2921 N. 29th Street, Tampa, FL 33605 813-247-3285

Feeding America Tampa Bay. [www.feedingamericatampabay.org](http://www.feedingamericatampabay.org) 813-254-1190 ext. 200

Islamic Society of Tampa Bay Area 7326 E. Sligh Ave., Tampa, FL 33610 [www.istaba.org](http://www.istaba.org)  
813-628-0007

Meals on Wheels Tampa <http://www.mowtampa.org/> 813-238-8410

## **DISABILITY RESOURCES A-Z (Continued)**

Metropolitan Ministries 2301 North Tampa St., Tampa, FL 33602. 813-209-1200  
Tampa Jewish Family Services. [www.tjfs.org](http://www.tjfs.org) 13009 Community Campus Dr., Tampa, FL 33625. Call 813-960-1848 to make an appointment

### **Food Stamps, Medicaid and Other Government Assistance**

Department of Children and Family Services Community Partners for food stamps, cash and Medicaid. <http://www.dcf.state.fl.us/access/CPSLookup/search.aspx> Directions for application <http://www.dcf.state.fl.us/programs/access/docs/fafactsheet.pdf>  
Hillsborough County Assistance Programs  
[http://www.needhelppayingbills.com/html/hillsborough\\_county\\_assistance.html](http://www.needhelppayingbills.com/html/hillsborough_county_assistance.html)  
Temporary Cash Assistance for Needy Families. <http://www.tanf.us/florida.html>

**Gardening** <http://agrability.org/toolbox/>

**Guillian Barre Syndrome** Guillian Barre Syndrome Foundation International <http://www.gbs-cidp.org/>

**Hemophilia.** National Hemophilia Foundation. <http://www.hemophilia.org/> 212-328-3700.

**Hirschsprungs Disease.** <http://standuptohirschsprungs.org/>

### **Housing**

Administration for Community Living <http://www.hhs.gov/acl/>  
Alpha House of Tampa- A Mother's Place 201 South Tampania Avenue, Tampa FL 33609  
[www.alphahouseoftampa.org](http://www.alphahouseoftampa.org). Pregnant women and mothers with young children. 813-875-2024  
City of Tampa Housing & Community Development 306 E. Jackson St., Tampa, FL 33602. 813-274-7954  
City of Tampa Mortgage Assistance Program 813-274-7954. 306 E. Jackson St. Third Floor North (025A3N) Tampa, Florida 33602  
[http://www.tampagov.net/dept\\_housing\\_and\\_community\\_development/Programs\\_and\\_Services/Mortgage\\_Assistance.asp](http://www.tampagov.net/dept_housing_and_community_development/Programs_and_Services/Mortgage_Assistance.asp)  
Designing Accessible Communities <http://www.designingaccessiblecommunities.org/>  
Eco-Oaks Apartments. Eco-friendly low income housing. 813-238-8557 x700.  
<http://www.tampacrossroads.com/programs&services/affordablehousing/ecooaks/index.html>  
Fair Housing Complaints 813-274-5835  
Florida Housing Data Clearinghouse  
[http://flhousingdata.shimberg.ufl.edu/a/ahi\\_general?next=indicators&nid=2800&submit\\_submit.x=8&submit\\_submit.y=7](http://flhousingdata.shimberg.ufl.edu/a/ahi_general?next=indicators&nid=2800&submit_submit.x=8&submit_submit.y=7)  
Florida Housing Special Needs Housing. <http://www.floridahousing.org/SpecialNeeds/>  
850-488-4197  
Hillsborough County Affordable Housing 1208 Tech Blvd., Ste. 300, Tampa, FL. 33619 813-612-5397.  
Homeless Coalition of Hillsborough County 1414 N. Marion St., Tampa, FL. 813-223-6115

## **DISABILITY RESOURCES A-Z (Continued)**

Liberty Manor Low cost housing for males. 9806 Myrtle Street, Tampa, FL 33617 813-900-9422  
[Vets@LibertyManor.org](mailto:Vets@LibertyManor.org) <http://www.libertymanor.org>

Low Income Home Energy Assistance Program <http://www.floridajobs.org/job-seekers-community-services/community-services/low-income-home-energy-assistance-program>

Hillsborough County 813-272-5220

Metropolitan Ministries <http://www.metromin.org/Housing> 813-209-1200

Project Return (housing for those with mental illness) 813-933-9020 [tpidgeon@projectreturn.org](mailto:tpidgeon@projectreturn.org)  
<http://www.projectreturn.org/page/page/1190874.htm>

Sunrise Community of Hillsborough County (Group Homes for persons with intellectual and physical disabilities). 2714 West Kirby Street Tampa, Florida 33614 813-830-7823  
[hillsborough@sunrisegroup.org](mailto:hillsborough@sunrisegroup.org) <http://www.sunrisegroup.org/locations/florida-locations/central-florida/#tampa>

Tampa Housing Authority <http://www.thafl.com/> 813-253-0551

Wells Fargo LIFT program Bill Sanchez Tampa Bay CDC 727-442-7075. Offers down payment and education assistance for qualified home buyers. <https://www.wellsfargo.com/mortgage/lift>

### **Legal Services**

Bay Area Legal Services, Inc. <http://www.bals.org/> 1302 N. 19th Street, Suite 400  
Tampa 33605-5230, 813-232-1343

Florida Legal Forms Library <http://rpa.hcplc.org/rpa/webauth.exe?rs=rgalelegal>  
(A Hillsborough County Public Library card is needed to sign into this database)

**Library** <http://hcplc.org/hcplc/research/userguides/ayl/assistive.pdf>

### **Mayor's Alliance for Persons with Disabilities**

[http://www.tampagov.net/dept\\_Mayor/Mayors\\_Alliance/index.asp](http://www.tampagov.net/dept_Mayor/Mayors_Alliance/index.asp) 813-307-5595

**Medicaid** <http://www.dcf.state.fl.us/programs/access/medicaid.shtml>

813-871-7600 or 800-226-2326. 6800 N. Dale Mabry, Suite 220, Tampa, FL 33614

Florida Shine <http://www.floridashine.org/> Provides free information

**Medical Tests** <https://www.selfpaymri.com/> Finds facilities that offer big self-pay discounts for MRIs, CT scans, ultrasound, x-rays, mammography, echocardiogram, sleep lab, nuclear medicine, etc.

**Medicare** [www.Medicare.gov](http://www.Medicare.gov)

Florida Shine <http://www.floridashine.org/> Provides free information

**Multiple Sclerosis** National Multiple Sclerosis Florida Gulf Coast 550 N. Reo St., Suite 300,  
Tampa, FL 33609, 800-922-0170

**Muscular Dystrophy** <http://www.mdaua.org> 727-577-1700 [stpetersburg@mdaua.org](mailto:stpetersburg@mdaua.org)

## **DISABILITY RESOURCES A-Z (Continued)**

**Myasthenia Gravis** Myasthenia Gravis Foundation 727-596-1491 <http://www.myasthenia.org/wcflorida@myasthenia.org>

### **Parkinson's Disease**

National Parkinson Foundation <http://www.parkinson.org/>  
Tampa Bay Parkinson's Group <http://health.groups.yahoo.com/group/ParkinsonsTampabay/>  
USF Parkinson's Disease and Movement Disorders Center 813-396-0751  
<http://health.usf.edu/medicine/neurology/mvdisorders/index.htm>

### **Personal Attendants**

Florida Personal Attendant Program This program allows working Florida residents with severe and chronic disabilities to receive a monthly stipend to maintain a personal care attendant to assist them with activities of daily living. <http://www.floridacils.org/JPPASOverview.html>  
Application form is at <http://www.floridacils.org/JPPASForms.html> Cyndi Mundell 850-575-6004. [Cyndi@Floridacils.org](mailto:Cyndi@Floridacils.org)

**Polio** Hillsborough County Post-Polio Support Group (Hillsborough County area)  
Pam Vogelsang, 813-642-8707 [flgrammypam@yahoo.com](mailto:flgrammypam@yahoo.com)

**Prescriptions** Florida Discount Drug Card. [www.Floridadiscountdrugcard.com](http://www.Floridadiscountdrugcard.com) 866-341-8894,  
TTY 866-763-9630  
Partnership for Prescriptions <http://www.pparx.org/> 888-477-2669  
Publix Free Prescriptions <http://www.publix.com/pharmacy/Free-Medications.do>  
Winn-Dixie Prescriptions <https://www.winndixie.com/PH/Dependable%20Deal/Default.aspx>

**Property Tax** Florida Property Tax Exemptions for persons with disabilities  
<http://dor.myflorida.com/dor/property/taxpayers/exemptions.html>

**P.A.H. Outreach** (Pulmonary Arterial Hypertension) 813-728-5612. [info@pahoutreach.org](mailto:info@pahoutreach.org)  
<http://www.pahoutreach.org/>

### **Respite Services**

<http://achievetampabay.org/ProgramServices/FamilyServices.aspx> 813-239-1179 ext 232

### **Scholarships**

1800 Wheelchair <http://www.1800wheelchair.com/scholarship/>  
Ameriglide Achiever Scholarship for full time college students who use either a manual wheelchair, power wheelchair, or a mobility scooter. <http://www.ameriglide.com/Scholarship>  
ASHA Scholarship for a Student with a Disability enrolled in a communication sciences and disorders program. <http://www.ashfoundation.org/recipients/StudentWithDisabilityScholarship/>  
Chair Scholars Florida Program <http://chairscholars.org/>



## DISABILITY RESOURCES A-Z (Continued)

College Funding Strategies for Students with Disabilities | University of Washington  
<http://www.washington.edu/doit/Brochures/Academics/financial-aid.html> Provides advice and information about federal student aid and state aid, and lists disability-related scholarship programs

*Disabled World* List of scholarships for persons with disabilities. <http://www.disabled-world.com/disability/education/scholarships/#publications>

Disaboom <http://www.disaboom.com/scholarships/all-general-disability-scholarships>

Scholarships for people with disabilities come from foundations, organizations, schools, or a broad range of other committed providers. The following disability grants and scholarships are open to all college students with disabilities, including students with learning disabilities.

HEATH Resource Center <http://www.heath.gwu.edu/modules/financial-aid/> Offers links and tutorial to financial assistance, scholarships, and materials that help students with disabilities attend college, university, career-technical schools, or other postsecondary programs.

Hillsborough Education Foundation <http://www.educationfoundation.com/> 813-574-0274. This group handles scholarships for Hillsborough County including the Chair Scholars Program.

McKay Scholarship for Students with Disabilities

<https://www.floridaschoolchoice.org/Information/McKay/> 800-447-1636

Mobility International USA (MIUSA) <http://www.miusa.org/ncde/financialaid>

Listings of scholarships, fellowships and places to find funding for overseas exchanges for people with disabilities. Also includes funding tips for access-related accommodations and services. MIUSA is a cross-disability service organization that provides information on international exchange and international development programs for people with disabilities.

Scholarship.com <https://www.scholarships.com/financial-aid/college-scholarships/scholarships-by-type/disability-scholarships/>

**Scleroderma** <http://www.scleroderma.org/>

**Scoliosis** Scoliosis Association 561-994-4435 <http://www.scoliosis-assoc.org/>

### Self-Employment/Small Business

DisabilityBiz.org <http://www.disabilitybiz.org/> DisabilityBiz.org is part of a nonprofit organization that provides holistic resources and consulting services to people with disabilities who are starting up or running a small business.

Entrepreneurship: A Flexible Route to Economic Independence for People with Disabilities (government website) <http://www.dol.gov/odep/pubs/misc/entrepre.htm> Bureau of Labor

People with Disabilities | Small Business and Self-Employment Service

<http://askjan.org/entre/index.htm> A service of the Office of Disability Employment Policy of the U.S. Department of Labor which provides information, counseling, and referrals about self-employment and small business ownership opportunities for people with disabilities

Start-Up USA <http://www.start-up-usa.biz/> Funded by the U.S. Department of Labor's Office of Disability Employment Policy, Start-Up USA provides technical assistance, resources and training for people with disabilities interested in pursuing self-employment.

## **DISABILITY RESOURCES A-Z (Continued)**

### **Sickle Cell**

Sickle Cell Disease Association of Florida. 813-248-2888. PO Box 11982, Tampa, FL 33680

**Social Security** <http://www.ssa.gov/disability/> Voice 1-800-772-1213 TTY 1-800-325-0778

**Spinal Muscular Atrophy** Families of SMA <http://fsma.org/> 727-388-1888 [greaterfl@fsma.org](mailto:greaterfl@fsma.org)

**Speech difficulties.** Florida Telecommunications Relay, Inc. [www.ftri.org](http://www.ftri.org) Allows person with speech difficulties to either type their responses or to have a relay operator listen to them and repeat what they say word for word. Dial 711 to make a relay call.

**Spondylitis** Spondylitis Association of America 800-777-8189 [www.spondylitis.org](http://www.spondylitis.org)  
[info@spondylitis.org](mailto:info@spondylitis.org)

**Statistics** Disability Statistics Center <http://dsc.ucsf.edu/main.php>

### **Stuttering**

National Stuttering Association <http://www.nsastutter.org/> [mcpersonfamilym@verizon.net](mailto:mcpersonfamilym@verizon.net)  
Stuttering Foundation of America <http://www.stuttersfa.org/>

### **Support Groups/Self Advocacy** *See also Advocacy, Children, and specific disability groups*

Alzheimers The following support groups meet at the USF Health Byrd Alzheimer's Institute. 4001 E. Fletcher Avenue, Tampa, FL 33613. For information call 813-974-4355

Alzheimer's Caregivers 1st Thursday of the month. 2:00 pm-4:00 pm

Lewy Body Dementia Caregivers 2nd Monday of the month 3:00 pm-4:00 pm

Mild Cognitive Impairment Caregivers 4th Thursday of the month. 2:00 pm-3:00 pm

Newly diagnosed Alzheimer's or memory loss individuals 3rd Wednesday of the month 1:00 pm-3:00 pm

Amputee Support Group <http://www.wcbl.com/community-2/amputee-support-group/>

Brain Injury

Tampa South Robert Barrett 813-908-1375

Tampa (Tampa General Hospital) Angelica Brozyna 813-844-3556

Tampa (VA Hospital) Steve Klemz 813-972-2000 x6663

Depression Bipolar Support Alliance of Tampa Bay, Inc. <http://www.dbsatampabay.org/>

Families of Kids with Mood & Anxiety Disorders 813-907-1398 [www.familieswithkids.org](http://www.familieswithkids.org)

Florida Institute for Family Involvement <http://www.fifionline.org/>

Ovacome Ovarian Cancer <http://www.ovacome.us/> 813-223-9108 or [info@ovacome.org](mailto:info@ovacome.org)

Peer Support and Mentoring. Self Reliance, 813-375-3965, VP 866-285-5947. 8901 N. Armenia Ave., Tampa, FL 33604

St. Joseph's Hospital [http://www.stjosephs.org/getpage.php?name=support\\_groups](http://www.stjosephs.org/getpage.php?name=support_groups)

Suncoast Self Advocates <http://thechp.syr.edu/floridas/SuncoastSA.htm> 813-977-5097

Tampa Bay Anxiety Association <http://www.meetup.com/The-Tampa-Bay-Anxiety-Association/>

Tampa General Hospital <http://www.tgh.org/sg.htm#q6>



## DISABILITY RESOURCES A-Z (Continued)

TBO Listing of Support Groups <http://www2.tbo.com/lifestyles/life/2010/aug/21/4u-tampa-bay-area-health-support-groups-ar-37866/>

### Tax Preparation

AARP Foundation Tax Aid for low to moderate income filers.

<http://www.aarp.org/applications/VMISLocator/searchTaxAideLocations.action>

Free File Online <http://www.irs.gov/uac/Free-File:-Do-Your-Federal-Taxes-for-Free>

IRS Living and Working with Disabilities <http://www.irs.gov/pub/irs-pdf/p3966.pdf>

My Free Taxes <http://www.myfreetaxes.com/> Free assistance with taxes for those with income \$58,000 and less. 855-698-9435.

Tax Help for Persons with Disabilities <http://www.fscirc.com/articles/tax-filing-help-disabled>

Tax help at the Hillsborough County Library <http://www.hcplc.org/hcplc/research/tax.html>

Volunteers <http://www.irs.gov/Individuals/Free-Tax-Return-Preparation-for-You-by-Volunteers>

Where Taxpayers with Disabilities Can Find Online Help from the IRS (American Sign Language) <http://www.youtube.com/watch?v=el-xueE-ZDY>

**Telecommunications** <http://www.fcc.gov/guides/telecommunications-access-people-disabilities>  
<http://transition.fcc.gov/cgb/dro/> See also *Assistive Technology*

**Tourette's Syndrome** National Tourette Syndrome Association <http://www.tsa-usa.org/>

### Tracking People in Danger of Wandering

[https://www.safetynetbylojack.com/?utm\\_source=bing&utm\\_medium=cpc&utm\\_campaign=Branded%3A%2BSafetyNet](https://www.safetynetbylojack.com/?utm_source=bing&utm_medium=cpc&utm_campaign=Branded%3A%2BSafetyNet) 877-434-6384

**Transplants** <http://www.tgh.org/transplantation.htm>

**Travel** Also see sections on attractions and accessible transportation (including air travel)

Access-Able Travel Source <http://www.access-able.com/>

Disabled Friendly Travel Resources <http://www.mobility-advisor.com/disabled-friendly-travel.html>

*Emerging Horizons Magazine* Travel information for wheelchair users and slow walkers

<http://emerginghorizons.com/>

RVing Accessibility Group <http://rvingaccessibility.org/outdoor-disability-awareness/>

970-903-7442. [mark@rvingaccessibility.org](mailto:mark@rvingaccessibility.org)

Vacation Home Exchange (accessible) <http://www.independentliving.org/vacaswap.html>

Visit Florida. [http://www.visitflorida.com/disabilities\\_travel](http://www.visitflorida.com/disabilities_travel)

**Tuberculosis.** 813-307-8002. Treatment and screening, contact investigation, education programs, consultations and outreach.

### Utility Bill Assistance

Electric Bill and Weatherization <http://liheap.ncat.org/profiles/Florida.htm>

## DISABILITY RESOURCES A-Z (Continued)

TECO Share Program Tampa Electric 813-226-0055. Donations are collected by Tampa Electric and forwarded to the Salvation Army to help eligible clients  
[www.tampaelectric.com/company/community/share/](http://www.tampaelectric.com/company/community/share/)

Telephone-Lifeline Assistance Program (those who receive free cell telephones are not eligible)  
<http://www.psc.state.fl.us/utilities/telecomm/lifeline/engbrochure.aspx>

### Voting

Absentee Ballot

<http://www.votehillsborough.org/index.php?urllength=3000&showurl=https://www.voterfocus.com/machform/view.php%3fid=12%26county=hillsborough>

Voting and Disability Resource List

[http://adasoutheast.org/publications/resourcelists/accessibile\\_voting\\_resources.pdf](http://adasoutheast.org/publications/resourcelists/accessibile_voting_resources.pdf)

*Voting in Florida: A Guide for Citizens with Disabilities*

[http://disabilityrightsflorida.org/resources/disability\\_topic\\_info/category/voting\\_rights/](http://disabilityrightsflorida.org/resources/disability_topic_info/category/voting_rights/)

### Waste Collection

[http://www.tampagov.net/dept\\_Solid\\_Waste/information\\_resources/for\\_residents/backdoor\\_disability.asp](http://www.tampagov.net/dept_Solid_Waste/information_resources/for_residents/backdoor_disability.asp)

**Websites** (Free for nonprofits and government agencies) <http://linktononprofits.com/>

**Wheelchairs** *See also assistive technology*

*New Mobility Magazine* <http://www.newmobility.com/>

Wheel Chair Information and Mobility Resource Guide <http://www.mobility-advisor.com/>

Wheelchair Junkie <http://www.wheelchairjunkie.com/>

Wheel Life <http://wheel-life.org/> Lisa Wells at [lisa@wheel-life.org](mailto:lisa@wheel-life.org) 678-232-1330.

Wheelchair Net <http://www.wheelchairnet.org/>

**Youth in Transition.** Self-Reliance ten week training program for young adults ages 14-30. Topics include: The Americans with Disabilities Act, Self-Advocacy, Community Resources, Budgeting, Healthy Living, Resume Writing, Dressing for Success, Job Interview Skills. Contact Shari Wilson at 813-375-3965 or [swilson@self-reliance.org](mailto:swilson@self-reliance.org) .

**For more information, please contact:**

Karen Sinnreich, Ph.D.

Human Rights Investigator

City of Tampa Department of Neighborhood Empowerment

Community Affairs Division

P.O. Box 2200, Tampa, FL 33601-0220

813-307-5595

[karen.sinnreich@tampagov.net](mailto:karen.sinnreich@tampagov.net)

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